



FREESTYLE RULES

Callisthenics World eGames

The competition will be divided into continental qualifier round and super final of 32 single elimination bracket K/O fase

- Part 1: Registration: Create your Athlete ID and register yourself to your continenta tournament.
- Part 2: Upload 1 qualifier video of max 90 seconds freestyle session without editing the video.

Top 5 Athletes of each category qualify themselves to the Super Final.

- Part 3: Super Final: Single elimination bracket: battles between the 32 qualified athelets, K/O fase

RULES OF THE COURT:

- Fluency, cleanliness and combinations of both static and dynamic together will be taken very seriously.

•1. JUDGE OF COMBINATIONS:

- Your position to judge will be to see the strength in each exercise added to the fact that the combinations of the exercises are fluid.

•2. CLEANING AND TECHNICAL JUDGE:

- His position to judge will be the form and cleanliness in each exercise.

• 3. JUDGE OF DYNAMICS:

- He will judge the difficulty of dynamic movements and his style in dynamics.

• 4. JUDGE OF STATICS AND STRENGTH:

- Will judge the difficulty / strength of the static and his style in static.

5. JUDGE OF CREATIVITY AND STYLE:

- Will judge the creativity and style of the freestyle performance of the athlete

POINTS:

- Total: 5 elements to judge. Each eReferee judges 1 element
- Total: 5 eReferees
- Each element is worth: 5 point
- Total amount of points to gain per round is: 25 points

TIES:

Golden Bar Rule;

Show 1 very creative move.

The most creative move voted by 5 eReferees wins the battle and goes to the next round.