



Hessen Cup – Series #5

15th – 21st September 2021

1. Introduction

Sportdata has introduced a new way of online sport competitions called "eTournament". eTournaments completely transform the way of competing in Martial Arts Tournaments. Unlike traditional tournaments, eTournaments makes competing simpler, easier, and cost effective. Join from any place on this planet, without travel and accommodation costs. Compete against professional and amateur athletes from all around the world and improve your skills.

1.1 Awards

- All participants will get ranking points in our Sportdata eTournament Trampoline Ranking.
- All participants will get a certificate for participation sent to them by email.

1.2 Entry Fee

There is no entry fee.

1.3 Preconditions

Gymnasts from all countries are welcome, if the local laws allow a participation.

Each club should nominate at least one judge, who has to register him/her self as an eReferee (see chapter 2.2.) to this event. Additional judges are welcome.

1.4 Tournament system

To accommodate time constraints participants have to face because of school, job or Corona Lock Downs we will try a more flexible approach regarding the recording of the videos.

We will only use one match code. This implies that the match code will not change for each round and videos for the whole event can optionally be recorded at once.

The match code will be published approximately one week before the start of the event to give all participants enough time (including weekends) to record their videos.

Each gymnast perform one 1st and one 2nd routine. There is **no** finals.

Competition phase	Who competes?	What performs?
one week	All gymnasts	1 st and 2 nd routine

1.5 Tournament categories

The Trampoline eTournament is divided in two main categories:

- Basic eTramp Tournament and
- Elite eTramp Tournament.

The tournaments will be carried out in different categories/division, separated by gender and age.

Categories may be split or merged if needed. For the new (merged/split) category, the rules of the old categories are kept.

Each athlete can compete in one category only.

1.5.1 Basic eTramp Beginners

Each exercise consists of ten elements. For this competition each gymnast has to exercise two routines. For **both** routines videos have to be recorded and uploaded:

- one video for the 1st routine with free elements and special requirements as described in the table below **and**
- one video for the 2nd voluntary routine including difficulty.

Please register for Beginners category only, if they really aren't able to show difficult elements.

Obviously wrong registered kids will be disqualified.

In both categories **no ToE value** will be measured. Because of technical reasons all kids will get the same ToE value in protocol.

• Basic eTramp Beginners Level 1 for kids, who can't do a landing on front or back	1st Routine: • 10 elements, at least 8 different elements 2nd Routine • maximal difficulty of 0,6 points
• Basic eTramp Beginners Level 2 for kids, who can't do a somersault	1st Routine: • 10 elements, at least 9 different elements • One skill landing on front or back 2nd Routine • maximal difficulty of 0,8 points

1.5.2 Basic eTramp Tournament and Masters

Each exercise consists of ten elements. For this competition each gymnast has to exercise two routines. For **both** routines videos have to be recorded and uploaded:

- one video for the 1st routine with free elements and special requirements as described in the table below **and**
- one video for the 2nd voluntary routine including difficulty.

• Basic eTramp Female 05-10 • Basic eTramp Female 11/12 • Basic eTramp Male 05-10 • Basic eTramp Male 11/12	1st Routine: • 10 different elements • One skill landing on front or back • At least 1 of the skills must have at least 270 degrees somersault rotation 2nd Routine • maximal difficulty of 4,2 points
• Basic eTramp Female 13/14 • Basic eTramp Male 13/14	1st Routine: • 10 different elements • One skill landing on front or back • At least 2 of the skills must have at least 270 degrees somersault rotation 2nd Routine • maximal difficulty of 5,0 points
• Basic eTramp Female 15/16 • Basic eTramp Female 17/18 • Basic eTramp Female 19+ • Basic eTramp Male 15/16 • Basic eTramp Male 17/18 • Basic eTramp Male 19+	1st Routine: • 10 different elements • One skill landing on front or back • At least 3 of the skills must have at least 270 degrees somersault rotation 2nd Routine • maximal difficulty of 5,9 points
• eTramp Masters 30+ • eTramp Masters 40+ • eTramp Masters 50+	1st Routine: • 10 different elements • One skill landing on front or back 2nd Routine • no maximal difficulty

1.5.3 Elite eTramp Tournament

Each exercise consists of ten elements. For this competition each gymnast has to exercise two routines. For **both** routines videos have to be recorded and uploaded:

- one video for the 1st routine with free elements and special requirements as described in the table below **and**
- one video for the 2nd voluntary routine including difficulty.

• Elite eTramp Female 05-10 • Elite eTramp Male 05-10	1st Routine: • 10 different elements • One skill landing on front • One skill landing on back • At least 5 of the skills must have at least 270 degrees somersault rotation
• Elite eTramp Female 11/12 • Elite eTramp Male 11/12	1st Routine (WAGC11-12): • 10 different elements • one element landing on the front • one element landing on the back • one element with 360° somersault rotation, at least, 360° of twist • At least 8 of the skills must have at least 270° degrees somersault rotation
• Elite eTramp Female 13/14 • Elite eTramp Male 13/14 • Elite eTramp Female 15/16 • Elite eTramp Male 15/16	1st Routine (WAGC13-14)/(WAGC15-16): • 10 different elements • one element landing on the front or back • one element from front or back in combination with requirement N°1 • one double front or back somersault with or without twist • one element with a minimum of 540° twist and minimum 360° somersault rotation. • At least 9 of the skills must have at least 270° degrees somersault rotation

• Elite eTramp Female 17/18 • Elite eTramp Female 19+ • Elite eTramp Male 17/18 • Elite eTramp Male 19+	1st Routine (WAGC17-21): • 10 different elements, each with a minimum of 270° somersault rotation. • Exception to COP 2017-2020: No difficulty ratings in the 1st routine!
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For the 1st Routine in Elite categories please check rules of WAGC (Page 4):

https://www.gymnastics.sport/publicdir/rules/files/en_TRA%20WAGC%20Rules%202017-2020.pdf

The 2nd Routine must have at least the same difficulty than the 1st routine.

1.6 Judging criteria

The number of the Judges per category depends from the number of registered Judges.

- 4 or 6 Judges will calculate the Execution of the routine, the two median marks of the Execution Judges are added together to give the gymnast's execution score for the routine
- 1 or 2 Judges will calculate the horizontal displacement (HD).
If the video doesn't allow to judge the horizontal displacement, the value will be 7.0 point.
- 1 or 2 Judges will calculate the difficulty of the 2nd exercise
- 1 or 2 Judges will measure the Time of Exercise (ToE). The half of this value will be added.
(Exception to COP 2017-2020: *Time of Exercise* instead of *Time of Flight*!)
- 1 Chair of Judges' Panel (CJP) will notice additional penalties, like giving any form of signal to a gymnast during the routine, violation from dress code, colorful tapes and so on.

Total score for a routine:

Execution + Execution + HD + (ToE / 2) – CJP = Total Score of 1st routine

Execution + Execution + HD + (ToE / 2) + Difficulty – CJP = Total Score of 2nd routine

See Code of Point for details, how to calculate execution, HD and difficulty.

https://www.gymnastics.sport/publicdir/rules/files/en_TRA%20CoP%202017-2020.pdf

1.7 Dress code

In the Basic and Elite categories normal competition dress is required. For reasons of safety, covering the face or the head is not allowed.

Male gymnasts

- Sleeveless or short sleeves leotard
- Gym shorts or gym trousers
- White trampoline shoes and/or foot covering or of the same color as the gym trousers

Female gymnasts

- Leotard or unitard with or without sleeves (must be skin tight)
- Gym shorts may be worn (must be skin tight)
- Long tights in color of skin or leotard may be worn (must be skin tight)
- Trampoline shoes and/or white foot covering

For more information or potential deduction see Code of Points chapter 6:

https://www.gymnastics.sport/publicdir/rules/files/en_TRA%20CoP%202017-2020.pdf

2. Registration

2.1. Athletes

For registration you need a team / club account on our system which can also be used as an individual account.

Users which already have registered a team / club account, please re-use your account. In this case you can also re-use all your competitors profiles.

For teams that have no account yet, please register online and create a new team / club account here:
https://www.sportdata.org/trampoline/set-online/registrate_registrator_main.php?active_menu=registration

For registration of competitors please follow these steps:

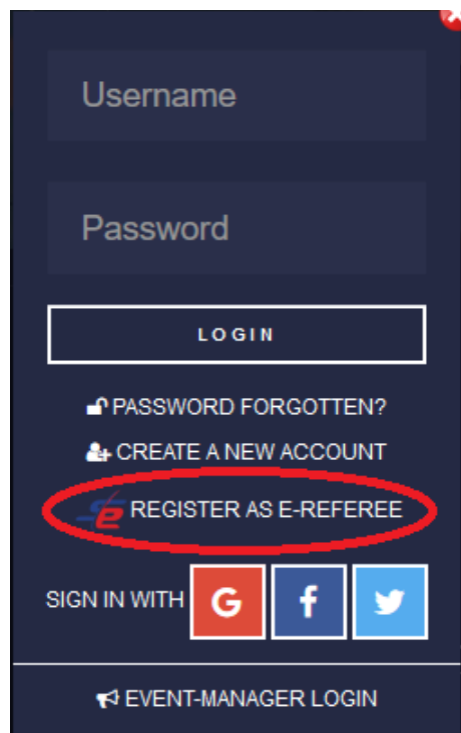
- Log in with your account
- Check your team data. Please check if the data is correct and up to date. Enter a state in details!
- Enter or update the data of your competitors if necessary. Don't forget pictures of your gymnasts, logo of your team is also allowed!
- In the event calendar search for the eTournament event you want to register for and click on the "Registration" button of the event
- On the registration site you will see the functions to make new entries
- Register your competitors

If you have any questions please check the online help and video tutorials:

https://www.sportdata.org/trampoline/set-online/faq_en.php?active_menu=faq

2.2. Judges

For registration as a trampoline judge you need an eReferee account on our system.



The screenshot shows a dark-themed login and registration interface. At the top, there are input fields for 'Username' and 'Password', followed by a 'LOGIN' button. Below the login section, there are three links: 'PASSWORD FORGOTTEN?', 'CREATE A NEW ACCOUNT', and 'REGISTER AS E-REFEREE'. The 'REGISTER AS E-REFEREE' link is circled in red. At the bottom, there is a 'SIGN IN WITH' section with icons for Google, Facebook, and Twitter. At the very bottom, there is a link for 'EVENT-MANAGER LOGIN'.

Users which already have registered an eReferee account please re-use your account. For referees that have no account yet, please register online and create a new eReferee account here:

https://www.sportdata.org/trampoline/set-online/registrate_registrator_main.php?active_menu=registration&ereferee=true

For registration of referees please follow these steps:

- Log in with your account
- Check your referee profile data. Please check if the data is correct and up to date.
- Make sure a photo is uploaded and update your data if necessary. **Please add information of your judging license level. All licenses are welcome.**
- In the event calendar search for the eTournament event you want to register for and click on the “Registration” button of the event.
- On the registration site you will see the function to make your registration
- Register yourself as an eReferee

3. Tournament schedule

- One week before the start of the Tournament, the Match code be published
- One day before the start of the Tournament, the draws will be published and all participants informed
- A detailed timetable will be published before the start of the tournament on the event page
- Each competitor has to record, upload and submit the video URLs within Monday noon and **Saturday noon** (CEST) for each round.
- After your submission, your video will be validated in order to make sure it meets all requirements
- Once the videos are validated and approved, the referees will get time in order to judge their routines. This should will be done latest within one week.
- This process continues until all rounds are finished on the last day of the Tournament
- For each round you have to record, upload and submit a new video, following the requirements described in the next section.

4. Video recording requirements and upload

Your video recording must follow certain requirements which are explained in detail here:

https://www.sportdata.org/etournament_howto.html

Each competitor has to record, upload the video on a supported video platform and submit the video URL for each round. This gives every competitor the same chance and respects different time zones. In each recording you have to show the Match Image provide on the event page, in order to verify the recording happened in the correct time frame.

Please upload your video on a supported video platforms: CodePen, DailyMotion, Deviantart, Flickr, GettyImages, Gfycat, Giphy, Hulu, Instagram, Kickstarter, Livestream, Meetup, Reddit, Scribd, Sketchfab, Slideshare, SoundCloud, SpeakerDeck, Spotify, Ted, Twitch, Twitter, Vimeo, Wordpress, Youtube. **Please do not use Facebook!**

More supported platforms: https://www.sportdata.org/etournament_howto.html#four

You can find a video tutorial about how to submit your video url here:

https://www.sportdata.org/etournament_tutorials.html#five

1. Log in with your account
2. Select the event on your dashboard
3. Click on "Open Matches"
4. Click on "My Open Matches" and find the match
5. Click on the upload icon of the match
6. Click on "Upload Video URL"
7. Provide URL and click on "Test"
8. Click on "Submit"



Video recording requirements

Your video recording must follow certain requirements which are explained in detail here:

https://www.sportdata.org/etournament_howto.html

In addition to that, make sure, that the HD lines of the trampoline bed are clear visible. Put the spotter mat if necessary on the other side.

A sample video can be found here:

https://www.youtube.com/watch?v=GpbGSSlv_4Y&feature=emb_logo

ATTENTION!

If your video recording does not meet the above-mentioned requirements, you may not be able to compete.

5. Contact

System Support Email: support@sportdata.org

Organizer Email: eTramp.Tournament@gmail.com