What is the e-Sport Duo Tournament?

The e-Sport Duo Tournament is a competition based on technical comparison, which is going to be held through videos. The e-Tournament will take place from the 21. till the 29. of November 2021. Registration is possible till the 17. of November 2021.

The attacks, that you will have to show, are predetermined and all part of the current Duo-System. The relevant attacks will be shown and explained at the end of the document.

The combination with which you defend against these attacks is up to you. The combinations are shown one after the other, without a big break in between. Everyone who does Ju-Jutsu, Ju-Jitsu or another related self defense sport or style knows this kind of training – either as "free defense against given attacks" or from the general technique training. A team consists of two people (attacker and defender). The roles can also be swapped.

We have established different **classes and categories**. **Age classes**: U8, U10, U12, U14, U16, U 18, U21, Adults and Masters I(one member over 35 years), Masters II (one member over 45 years) and Open Class (men, women or mixed). Which age class you belong to is determined by the older team members age. The are three **categories**: men, women and mixed (one man one woman). In addition we also differentiate between **Beginners** and **Advanced**. Advanced are those participants that have already competed in JJIF tournaments and are on the JJIF ranking list. All other pairs are in the Beginners class.

To participate in the tournament you have to sign up (**Registration** at https://www.sportdata.org/ju-jitsu/set-online/?subsystem_select=prod_etournament_jjif). The video or the link to where the video is saved (e.g. YouTube) should be uploaded on the 19. of November 2021. After the videos are checked and approved, the draw will commence and the referees will judge your techniques (we are using the criteria of the Duo-System). After the registration you will get a code, as shown in the picture. This code is necessary for your video as it has to be shown in the beginning of it.

The video should be filmed in a landscape (horizontal) format and the shown techniques should all be visible without moving the camera around. Before you start with your techniques you will need to show the code to the camera and state your names. The combinations have to be shown one after the other and with no cuts. The uploaded videos will be checked and approved by us. The recording should be done in fullHD(Resolution 1920x1080 or at least 30 fps).

The attacks: The main attack is predetermined (see pictures). The number of attacks and therefore the number of combinations is determined by the age class. The age classes U8, U10 and U12 have 3 attacks. The age classes U14, U16 and Master have 4 attacks. The age classes U18, U21 and Adults have 6 attacks.

The Beginners can use a pre-attack to prepare the main attack. An example is a straight kick as a pre-attack for A1, which forces the defender to use a parry with the hand, so their hands are within reach for the main attack, grabbing the wrist with both hands. Afterwards follow the other defenses, e.g. shock techniques, grip breaking, straight punch, throw and a finishing technique. For this part you can watch example videos here. Be creative and have fun!

The advanced participants, who have experience with duo, show their techniques the same way they would in a "normal" tournament. Which means a pre-attack, attack/main attack and the combination, e.g. shock technique, throw and finishing technique (e.g. joint lock technique)

Technique range of attacks for the presentation:
- U8, U10, U12 attacks A1, A2, A3
A1: The attacker (tori) attacks with grabbing the wrist with both hands. The defender (uke) defends themselves freely.
A2: The attacker attacks with strangulation from the front or behind with both hands. The defender defends themselves freely.
A3: The attacker attacks by embracing the partner over or under the arms. The defender defends themselves freely.

- U14, U16 attacks A1, A3, B2, B4
A1: The attacker (tori) attacks with grabbing the wrist with both hands. The defender (uke) defends themselves freely.
A3: The attacker attacks by embracing the partner over or under the arms. The defender defends themselves freely.
B2: Ago Tsuki (Upper cut) – or Mawashi Tsuki (Hook) Possibility 1: Semi-circular punch with the fist. Target: Chin Possibility 2: Semi-circular punch with the fist. Target: Tori's side of the head
B4: Mawashi Geri –Semi-circular kick with the leg Target: head, Solar Plexus, stomach Tori is allowed to make a step back and lightly turn the body.

- Master attacks A1, A3, B1, B3
A1: The attacker (tori) attacks with grabbing the wrist with both hands. The defender (uke) defends themselves freely.
A3: The attacker attacks by embracing the partner over or under the arms. The defender defends themselves freely.
B1: The attacker attacks with a straight punch to the body or head. The defender defends themselves freely.
B3: The attacker attacks with a straight kick to the body. The defender defends themselves freely.

U18, U21, Adults attacks A2, A3, B1, B4, C2, C4
A2: The attacker attacks with strangulation from the front or behind with both hands. The defender defends themselves freely.
A3: The attacker attacks by embracing the partner over or under the arms. The

defender defends themselves freely.

B1: The attacker attacks with a straight punch to the body or head. The defender defends themselves freely.
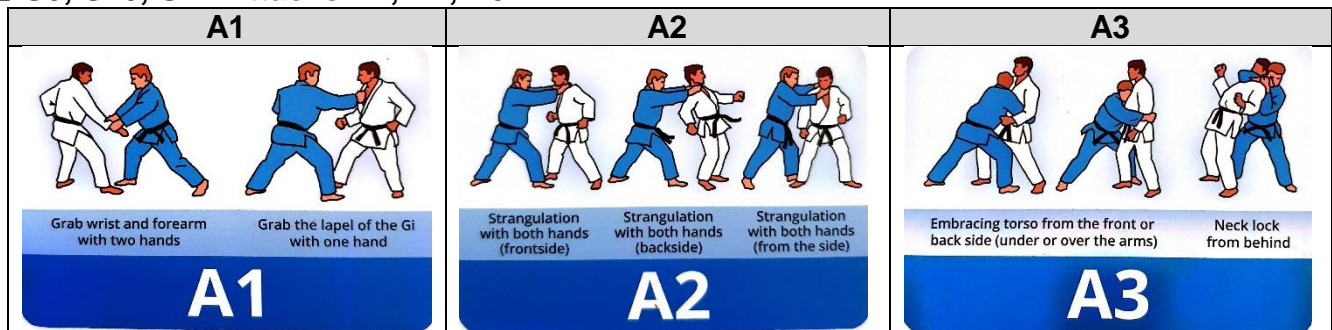
B4: B4 Mawashi Geri –Semi-circular kick with the leg Target: head, Solar Plexus, stomach Tori is allowed to make a step back and lightly turn the body.

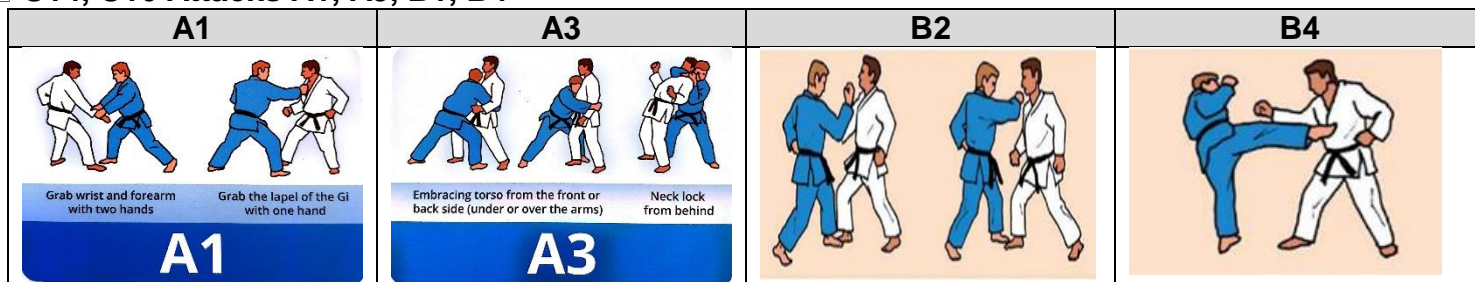C2: The attacker attacks with a straight knife stab to the body. The defender defends themselves freely.

C4: The attacker attacks with a stick attack from the outside to the head. The defender defends themselves freely.
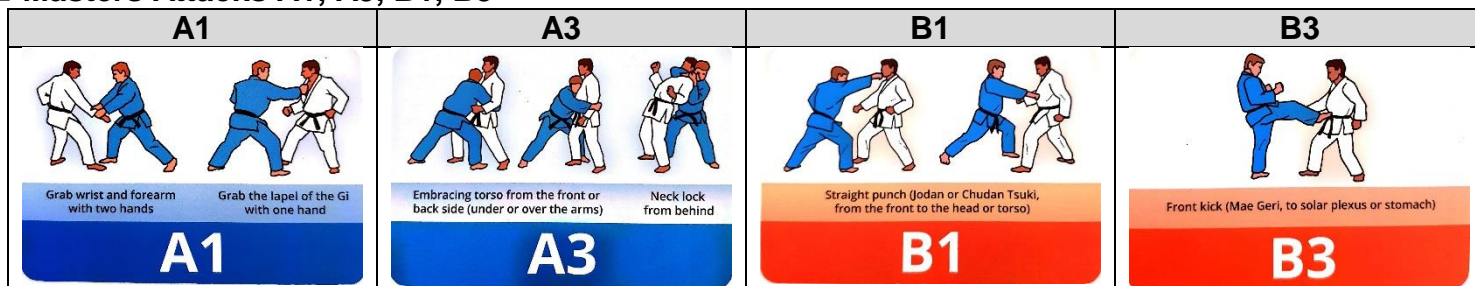
attacks:

☐ **U8, U10, U12 Attacks A1, A2, A3**

A1	A2	A3
Grab wrist and forearm with two hands — Grab the lapel of the Gi with one hand **A1**	Strangulation with both hands (frontside) — Strangulation with both hands (backside) — Strangulation with both hands (from the side) **A2**	Embracing torso from the front or back side (under or over the arms) — Neck lock from behind **A3**

☐ **U14, U16 Attacks A1, A3, B1, B4**

A1	A3	B2	B4
Grab wrist and forearm with two hands — Grab the lapel of the Gi with one hand **A1**	Embracing torso from the front or back side (under or over the arms) — Neck lock from behind **A3**		

☐ **Masters Attacks A1, A3, B1, B3**

A1	A3	B1	B3
Grab wrist and forearm with two hands — Grab the lapel of the Gi with one hand **A1**	Embracing torso from the front or back side (under or over the arms) — Neck lock from behind **A3**	Straight punch (Jodan or Chudan Tsuki, from the front to the head or torso) **B1**	Front kick (Mae Geri, to solar plexus or stomach) **B3**

U18, U21, Adults Attacks A2, A3, B1, B4, C2, C4

A2	A3	B1
Strangulation with both hands (frontside) · Strangulation with both hands (backside) · Strangulation with both hands (from the side) **A2**	Embracing torso from the front or back side (under or over the arms) · Neck lock from behind **A3**	Straight punch (Jodan or Chudan Tsuki, from the front to the head or torso) **B1**

B4	C 2	C4
	Straight knife attack (from the front to the stomach) **C2**	Inside stick attack (horizontally or diagonally to the side of the head) **C4**