

Taekwon-Do ITF - Norgesmesterskap
og Landsmesterskap 2016 - 2016-11-04

Official Results

001Divisjon 1 Junior Dame Mønster Blått			
1	Bjerke Dina	Tromsø TKD	 NORWAY
2	Hansen Elisa	Ålesund TKD	 NORWAY
3	Toon Therese	Sotra TKD	 NORWAY
3	Falch Andrea	ITF Storfjord TKD	 NORWAY

002Divisjon 1 Junior Herre Mønster Blått			
1	Jensen Esben_Ringbu	Alta TKD	 NORWAY
2	Johnsen Carl-Eirik_Dahl	Røyken TKD	 NORWAY
3	Slåstad Joakim	Kongsvinger TKD	 NORWAY
3	Heimark Elias_Lyslo	Fana TKD	 NORWAY

003Divisjon 10 Senior Damer Mønster 2 Dan			
1	Lind Madeleine	Bergen TKD	 NORWAY
2	Hammerø Trine	Molde TKD	 NORWAY
3	Erdal Malin_Eileen	Fana TKD	 NORWAY
3	Flisram Edith	Bergen TKD	 NORWAY

004Divisjon 10 Senior Herre Mønster 2 Dan			
1	Malmin Trane	Tønsberg TKD	 NORWAY
2	Kjøsnes Sivert	Selbu TKD	 NORWAY
3	Eide Sivert_Lein	Trondheim TKD	 NORWAY
3	Edvardsen Henrick-Emil	Porsgrunn TKD	 NORWAY

005Divisjon 11 Senior Damer Mønster 3 Dan			
1	Lind Marielle	Bergen TKD	 NORWAY
2	Sivertsvik Rita_Moseng	Trondheim TKD	 NORWAY
3	D._Often Sanna	Trondheim TKD	 NORWAY
3	Grønnesby Lise	Trondheim TKD	 NORWAY

006Divisjon 11 Senior Herre Mønster 3 Dan			
1	Drange Espen	Fana TKD	 NORWAY
2	Prestegard Mads_J.	Bergen TKD	 NORWAY
3	Skage Remi	Fana TKD	 NORWAY
3	Hatlen Kjetil	Oslo Øst TKD	 NORWAY

007Divisjon 12 Veteran Dame Mønster Blått og Rødt			
1	De_Aquino Aline	Ålesund TKD	 NORWAY
2	Rusten Signy_Aud	Bergen TKD	 NORWAY
3	Buvang Heidi	Tromsø TKD	 NORWAY
3	Eggesbø Vibeke	Bergen TKD	 NORWAY

008Divisjon 12 Veteran Dame Mønster Dan			
1	Haaland Reidun	Trondheim TKD	 NORWAY
2	Schei_Dyrnes Sonja	Surnadal TKD	 NORWAY
3	Øydvinn_Mæhre Mari	Værnes TKD	 NORWAY
3	Strøm May-Lene	Haugesund TKD	 NORWAY

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009Divisjon 12 Veteran Herre Mønster Blått og Rødt				
1	Pettersen Ivar	Bergen TKD		NORWAY
2	Friskilå Øyvind	Kirkenes TKD		NORWAY
3	Skogan David	Christiania TKD		NORWAY
3	Sveinungsen Frode	Skien TKD		NORWAY

010Divisjon 12 Veteran Herre Mønster Dan				
1	Knutsen Dagfinn	Haugesund TKD		NORWAY
2	Hansen Jon_Rafn	Røyken TKD		NORWAY
3	Bye Rune	Salten TKD		NORWAY
3	Eggan Tore_Greiner	Trondheim TKD		NORWAY

011Divisjon 2 Eldre Junior Dame Mønster Blått				
1	Leynse Oda_Katrine_Valen	Tønsberg TKD		NORWAY
2	Teig Silje_Karin	Sola TKD		NORWAY
3	Frekhaug Therese_Eikrem	Tromsø TKD		NORWAY
3	Wiggen_Skagseth Malinn	Orkdal TKD		NORWAY

012Divisjon 2 Eldre Junior Herre Mønster Blått				
1	Gjerstad_Heggem Alexander	Ålesund TKD		NORWAY
2	Strømsvik Adam	Askøy TKD		NORWAY
3	Gran Henrik	Trondheim TKD		NORWAY

013Divisjon 3 Junior Dame Mønster Rødt				
1	Mortensen Ida_Lovise	Stord TKD		NORWAY
2	Lunde_Rogstad Emma	Voss TKD		NORWAY
3	Auglend Tania_Yu	Stavanger TKD		NORWAY
3	Olsen Sajane_Karina	Manndalen UIL - Kampsport		NORWAY

014Divisjon 3 Junior Herre Mønster Rødt				
1	Møkkelgård_Øyum Mads	Orkdal TKD		NORWAY
2	Barth-Carlson Marcus	Røyken TKD		NORWAY
3	Jenstad Elias	Røyken TKD		NORWAY
3	Olsen_Lund Sander	Sola TKD		NORWAY

015Divisjon 4 Eldre Junior Dame Mønster Rødt				
1	Mørk Aina	Asker TKD		NORWAY
2	Øy Lene	Trondheim TKD		NORWAY
3	Reitan Anita	Frøya og Hitra TKD		NORWAY
3	Barth-Carlson Madeleine	Røyken TKD		NORWAY

016Divisjon 4 Eldre Junior Herre Mønster Rødt				
1	Wighus Stian	Røyken TKD		NORWAY
2	Helgesen Philip_Bekkelund	Oslo Øst TKD		NORWAY
3	Lund_Borgsø Steffen	Trondheim TKD		NORWAY
3	Johansen Vegard_Røed	Tønsberg TKD		NORWAY

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017 Divisjon 5 Junior Dame Mønster 1-3 Dan				
1	Li Selma_Øen	Ål IL Taekwondo		NORWAY
2	Finnesen Vida	Sortland TKD		NORWAY
3	Iversen Stine	Bergen TKD		NORWAY
3	Torfinnsdatter_Rønningen Kari	Trondheim TKD		NORWAY

018 Divisjon 5 Junior Herre Mønster 1-3 Dan				
1	Eilertsen Jack_Phillip	Trondheim TKD		NORWAY
2	Steinkjer Ingebrigt	Værnes TKD		NORWAY
3	Ulvestad_Olsen Adrian	Molde TKD		NORWAY
3	Nielsen Alexander	Trondheim TKD		NORWAY

019 Divisjon 6 Eldre Junior Dame Mønster 1-3 Dan				
1	Ayala-Trujillo Valerie	Ål IL Taekwondo		NORWAY
2	Hole Ann_Linnea	Bergen TKD		NORWAY
3	Lædre Mathilde	Trondheim TKD		NORWAY
3	Grimsmo Sunniva	Surnadal TKD		NORWAY

020 Divisjon 6 Eldre Junior Herre Mønster 1-3 Dan				
1	Klungerbo Ole_Martin	Trondheim TKD		NORWAY
2	Nordang Simen_Selvik	Asker TKD		NORWAY
3	Jeremiassen Vegar_Ljosdal	Molde TKD		NORWAY
3	Bjørnstad Oliver	Trondheim TKD		NORWAY

022 Divisjon 7 Senior Herre Mønster Blått				
1	Vigre Kristoffer	Bryne TKD		NORWAY
2	Omerinovic Mehmed	Sandefjord TKD		NORWAY
3	Stenhammer Eivind	Bergen TKD		NORWAY

023 Divisjon 8 Senior Damer Mønster Rødt				
1	Rautio Ida_Välikangas	Trondheim TKD		NORWAY
2	Rødal Elina	Trondheim TKD		NORWAY
3	hvarnes Kristin	Porsgrunn TKD		NORWAY
3	Haram Annabel	Ålesund TKD		NORWAY

024 Divisjon 8 Senior Herre Mønster Rødt				
1	Berentsen Krister	Bryne TKD		NORWAY
2	Hovstein Håkon_Høgsberg	Ålesund TKD		NORWAY
3	Himle David	Voss TKD		NORWAY
3	Nilsen Anders_Daae	Bergen TKD		NORWAY

025 Divisjon 9 Senior Damer Mønster 1 Dan				
1	Lorentsen Linn_Benaminsen	Trondheim TKD		NORWAY
2	Engdal Andrea_Einmo	Porsgrunn TKD		NORWAY
3	Vik Marie	Porsgrunn TKD		NORWAY
3	Røssummoen Vilrun_Otre	Bergen TKD		NORWAY

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026Divisjon 9 Senior Herre Mønster 1 Dan				
1	Løkken_Skaanes Martin	Trondheim TKD		NORWAY
2	Rødne_Lange Rasmus	Trondheim TKD		NORWAY
3	Rasmussen Stian	Bergen TKD		NORWAY
3	Naurdinov Magomed	Bergen TKD		NORWAY

027Eldre Junior Damer Sparring Blått og Rødt +65 kg				
1	Nybrodahl Marthe	Trondheim TKD		NORWAY
2	Reitan Anita	Frøya og Hitra TKD		NORWAY
3	Frekhaug Therese_Eikrem	Tromsø TKD		NORWAY
3	Barth-Carlsen Madeleine	Røyken TKD		NORWAY

031Eldre Junior Damer Sparring Blått og Rødt -60 kg				
1	Amiri Anahita	Sandefjord TKD		NORWAY
2	Eriksen Hana_Christine	Bergen TKD		NORWAY
3	Leynse Oda_Katrine_Valen	Tønsberg TKD		NORWAY

032Eldre Junior Damer Sparring Blått og Rødt -65 kg				
1	Nielsen Sara_Laassiri	Bergen TKD		NORWAY
2	Thomassen Edel_Sofie_Felicia	Alta TKD		NORWAY
3	Kjendlie Hanne_Nygaard	Bryne TKD		NORWAY
3	Teig Silje_Karin	Sola TKD		NORWAY

033Eldre Junior Damer Sparring Dan +65 kg				
1	Sunde Mathea	Molde TKD		NORWAY
2	Skagen_Enoksen Karina	Kirkenes TKD		NORWAY
3	Grimsmo Sunniva	Surnadal TKD		NORWAY
3	Semb Helene	Christiania TKD		NORWAY

036Eldre Junior Damer Sparring Dan -55 kg				
1	Wang Sandra	Molde TKD		NORWAY
2	Tøllefsen Frida_Lyngedal	Tromsø TKD		NORWAY
3	Sæther Mary_Danielse_Adolfo	Frøya og Hitra TKD		NORWAY
3	Skøfteland Sigrid	Trondheim TKD		NORWAY

037Eldre Junior Damer Sparring Dan -60 kg				
1	Hole Ann_Linnea	Bergen TKD		NORWAY
2	Lie Ingrid	Bergen TKD		NORWAY
3	Solli Merethe	Porsgrunn TKD		NORWAY
3	Olsen_Lund Stine	Sola TKD		NORWAY

038Eldre Junior Damer Sparring Dan -65 kg				
1	Lædre Mathilde	Trondheim TKD		NORWAY
2	Sande_Varhol Kristin	Fræna TKD		NORWAY
3	Norheim Anita	Fana TKD		NORWAY
3	Ayala-Trujillo Valerie	AI IL Taekwondo		NORWAY

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039Eldre Junior Herrer Sparring Blått og Rødt +75 kg

1	Christiansen Oscar_Birkelid	Sortland TKD		NORWAY
2	Belboe Ole_Einar	Trondheim TKD		NORWAY

042Eldre Junior Herrer Sparring Blått og Rødt -62 kg

1	Pedersen Martin	Tromsø TKD		NORWAY
2	Svela Erling_Arnold_Tønseth	Bryne TKD		NORWAY
3	Strømsvik Adam	Askøy TKD		NORWAY

043Eldre Junior Herrer Sparring Blått og Rødt -68 kg

1	Helgesen Philip_Bekkelund	Oslo Øst TKD		NORWAY
2	Johansen Vegard_Røed	Tønsberg TKD		NORWAY
3	Eide Markus	Sola TKD		NORWAY
3	Igesund Eivind	Sola TKD		NORWAY

044Eldre Junior Herrer Sparring Blått og Rødt -75 kg

1	Sørensen Lars_Kristian	Tønsberg TKD		NORWAY
2	Lund_Borgsø Steffen	Trondheim TKD		NORWAY
3	Nydal Alexander	Trondheim TKD		NORWAY
3	Roaldsnes Hans_Andreas	Giske TKD		NORWAY

045Eldre Junior Herrer Sparring Dan + 75 kg

1	Lokna Johan	Stavanger TKD		NORWAY
2	Bjørnstad Oliver	Trondheim TKD		NORWAY
3	Reiten Sander	Sumadal TKD		NORWAY
3	Sundquist Ulrik	Kirkenes TKD		NORWAY

048Eldre Junior Herrer Sparring Dan -62 kg

1	Sanden Håkon	Bergen TKD		NORWAY
2	Aarbakke August	Bergen TKD		NORWAY
3	Krog Didrik	Bærum TKD		NORWAY
3	Moe Andreas_Søraa	Alta TKD		NORWAY

049Eldre JUNIOR Herrer Sparring Dan -68 kg

1	Loodtz Theo_Danckert	Bergen TKD		NORWAY
2	Aarland William	Bergen TKD		NORWAY
3	Schei_Dyrnes Råg	Sumadal TKD		NORWAY
3	Iversen Markus	Bergen TKD		NORWAY

050Eldre Junior Herrer Sparring Dan -75 kg

1	Nordang Simen_Selvik	Asker TKD		NORWAY
2	Erlandsen Marius_Ulvan	Trondheim TKD		NORWAY
3	Wiland Håkon	Bodin TKD		NORWAY
3	Paus Viggo	Nidaros TKD		NORWAY

051Junior Damer Sparring Blått og Rødt +65 kg

1	Derås-De_Jong Rebekka	Christianslund TKD		NORWAY
2	Sundstrøm Julie_S.	Kirkenes TKD		NORWAY

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3	Hansen Elisa	Ålesund TKD		NORWAY
3	Larsen Tina_Sofie	Hadsel TKD		NORWAY

054 Junior Damer Sparring Blått og Rødt -55 kg

1	Lunde_Rogstad Emma	Voss TKD		NORWAY
2	Olsen Sajane_Karina	Manndalen UIL - Kampsport		NORWAY
3	Christensen_Olsen Celine	Vardø TKD		NORWAY
3	Lillelien Nora_Beck	Røyken TKD		NORWAY

055 Junior Damer Sparring Blått og Rødt -60 kg

1	Mortensen Ida_Lovise	Stord TKD		NORWAY
2	Andruskaite Andzelika	Frøya og Hitra TKD		NORWAY
3	Kjos Isabella	Christiania TKD		NORWAY
3	Ucar Marielle_Selin	Bergen TKD		NORWAY

056 Junior Damer Sparring Blått og Rødt -65 kg

1	Bjørnstad Julie_Natland	Fana TKD		NORWAY
2	Haugen Mariel	Sola TKD		NORWAY
3	Fjellheim Rebekka	ETS TKD		NORWAY
3	Hausberg Kari	Surnadal TKD		NORWAY

060 Junior Damer Sparring Dan -55 kg

1	Iversen Stine	Bergen TKD		NORWAY
2	Iversen Live_Moe	Bergen TKD		NORWAY
3	Jensen Nora_Skei	Værnes TKD		NORWAY
3	Stokke Andrea	Værnes TKD		NORWAY

061 Junior Damer Sparring Dan -60 kg

1	Wohlen Ingvild	Trondheim TKD		NORWAY
2	Torfinnsdatter_Rønningen Kari	Trondheim TKD		NORWAY
3	Karlsen Frida	Harstad TKD		NORWAY
3	Haugo_Bryn Synva	Voss TKD		NORWAY

062 Junior Damer Sparring Dan -65 kg

1	Christiansen Helle	Trondheim TKD		NORWAY
2	Vidnes Regine	Ålesund TKD		NORWAY
3	Jynge Kamma_Fossen	Christiania TKD		NORWAY

063 Junior Herre Sparring Blått og Rødt +75 kg

1	Lium Marius	Lier TKD		NORWAY
2	Holsæter_Kjær Balder	Røyken TKD		NORWAY
3	Finnerud Simen	Røyken TKD		NORWAY
3	Radem Marius	Alta TKD		NORWAY

066 Junior Herre Sparring Blått og Rødt -62 kg

1	Bækø Emil_August	Salten TKD		NORWAY
2	Bretteville Christian_Eide	Kolbotn TKD		NORWAY
3	Jenstad Elias	Røyken TKD		NORWAY

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3	Jensen Esben_Ringbu	Alta TKD		NORWAY
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067 Junior Herre Sparring Blått og Rødt -68 kg

1	Lindeijer Tim_Nicolaas	Røyken TKD		NORWAY
2	Solli Sander_K	Askøy TKD		NORWAY
3	Sørensen Robert_Andreas	Drammen TKD		NORWAY
3	Halvorsen Kevin_Ånneland	Salten TKD		NORWAY

068 Junior Herre Sparring Blått og Rødt -75 kg

1	Reiten Sigurd	Molde TKD		NORWAY
2	Gjersvold_Forfot Kristian	Trondheim TKD		NORWAY
3	Gipling Jomar	Byneset TKD		NORWAY
3	Yousabal First	Trondheim TKD		NORWAY

072 Junior Herre Sparring Dan -62 kg

1	Eilertsen Jack_Phillip	Trondheim TKD		NORWAY
2	Fonn_Fjæreide Markus	Os TKD		NORWAY
3	Steinkjer Ingebrigt	Værnes TKD		NORWAY
3	Foss Jørn_Ruiz	Sortland TKD		NORWAY

074 Junior Herre Sparring Dan -75 kg

1	Ulvestad_Olsen Adrian	Molde TKD		NORWAY
2	Bakke Syver_Aas	Christiania TKD		NORWAY
3	Listhaug Johannes	Trondheim TKD		NORWAY
3	Sjo Jens_Ottar_Ponce_Nunez	Bergen TKD		NORWAY

081 Senior Damer Sparring Blått og Rødt -68 kg

1	Rautio Ida_Välikangas	Trondheim TKD		NORWAY
2	Jensen Marita	Manndalen UIL - Kampsport		NORWAY
3	Meinhardt Kine-Therese	Askøy TKD		NORWAY
3	Trondsen Janne	Kolbotn TKD		NORWAY

082 Senior Damer Sparring Blått og Rødt -75 kg

1	Rødal Elina	Trondheim TKD		NORWAY
2	Haram Annabel	Ålesund TKD		NORWAY

083 Senior Damer Sparring Dan +75 kg

1	Grønnesby Lise	Trondheim TKD		NORWAY
2	Bodin Nora	Trondheim TKD		NORWAY
3	Kristiansen Anne-Lise	Sandefjord TKD		NORWAY
3	Kjøsnes Marte	Trondheim TKD		NORWAY

085 Senior Damer Sparring Dan -56 kg

1	Solli Ellen	Porsgrunn TKD		NORWAY
2	Lind Madeleine	Bergen TKD		NORWAY
3	Sivertsvik Rita_Moseng	Trondheim TKD		NORWAY
3	Lervold Iril	Surnadal TKD		NORWAY

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086Senior Damer Sparring Dan -62 kg				
1	Miller Hanna_Victoria	Bergen TKD		NORWAY
2	Høybakk Victoria	Surnadal TKD		NORWAY
3	Erdal Malin_Eileen	Fana TKD		NORWAY
3	Eggen Caroline_Cicilie	Melhus TKD		NORWAY

087Senior Damer Sparring Dan -68 kg				
1	Brekke_Medin Nanna	Trondheim TKD		NORWAY
2	Blindheim Mathilde	Molde TKD		NORWAY
3	Herskedal Valentine	Surnadal TKD		NORWAY
3	Sætrum Marte_Brasøy	Vardø TKD		NORWAY

088Senior Damer Sparring Dan -75 kg				
1	Lundager Linn_Anita	Trondheim TKD		NORWAY
2	Aas Ragnhild_Larsen	Tromsø TKD		NORWAY
3	Ongstad Ronja_Elida	Hadsel TKD		NORWAY
3	Haugland Astrid_Charlotte	Sandefjord TKD		NORWAY

089Senior Herre Sparring Blått og Rødt +85 kg				
1	Himle David	Voss TKD		NORWAY
2	Omerinovic Mehmed	Sandefjord TKD		NORWAY
3	Vigre Kristoffer	Bryne TKD		NORWAY
3	Vaksdal Geir_Ove	Voss TKD		NORWAY

092Senior Herre Sparring Blått og Rødt -78 kg				
1	Martin Erik_David	Sola TKD		NORWAY
2	Nilsen Anders_Daae	Bergen TKD		NORWAY
3	Omland Anders	Orkdal TKD		NORWAY
3	Raknes Olav_Kristian	Sola TKD		NORWAY

095Senior Herre Sparring Dan +85 kg				
1	Olsen Christian	Surnadal TKD		NORWAY
2	Dybvik Alexander_Myrstad	Oslo Øst TKD		NORWAY
3	Markhus Jørgen_M.	Bergen TKD		NORWAY
3	Sæther Jarl_Sondre	Fræna TKD		NORWAY

098Senior Herre Sparring Dan -70 kg				
1	Sæle Ludvig	Trondheim TKD		NORWAY
2	Drange Espen	Fana TKD		NORWAY
3	Eide Kenneth_MacLean	Fana TKD		NORWAY
3	Ølberg Eirik_Solheim	Tønsberg TKD		NORWAY

099Senior Herre Sparring Dan -78 kg				
1	Bringslid Stian	Bergen TKD		NORWAY
2	Løkken_Skaanes Martin	Trondheim TKD		NORWAY
3	Naurdinov Magomed	Bergen TKD		NORWAY
3	Vik Arne_Martin	Christiania TKD		NORWAY

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100Senior Herre Sparring Dan -85 kg				
1	Myrland Mats_Olsen	Bergen TKD		NORWAY
2	Hatlen Kjetil	Oslo Øst TKD		NORWAY
3	Gundersen Anders_W.	Bergen TKD		NORWAY
3	Lockert Robert_A.	Trondheim TKD		NORWAY

115TRADISJONELL SPARRING DAN ALLE JUNIOR				
1	Trondheim 2 - Eilertsen Jack_Phillip - Tønder Lars	Trondheim TKD		NORWAY
2	AI Taekwon-Do - Ayala-Trujillo Valerie - Li Selma_Øen	AI IL Taekwondo		NORWAY
3	Trondheim 1 - Halseide_Sumstad Fredrik - Torfinnsdatter_Rønningen Kari	Trondheim TKD		NORWAY
3	Bergen 1 - Hole Ann_Linnea - Olsen Kristin_Watnedal	Bergen TKD		NORWAY

116TRADISJONELL SPARRING DAN SENIOR				
1	Bergen 1 - Lind Madeleine - Miller Hanna_Victoria	Bergen TKD		NORWAY
2	Team Porsgrunn - Engdal Andrea_Einmo - Solli Ellen	Porsgrunn TKD		NORWAY
3	Team Os - Hovland Tuva_Maria - Samuelsen Victoria_Marie	Os TKD		NORWAY
3	Team Sandefjord - Haugland Astrid_Charlotte - Kristiansen Anne-Lise	Sandefjord TKD		NORWAY

117Veteran Dame Sparring Blått og Rødt +65 kg				
1	Eggesbø Vibeke	Bergen TKD		NORWAY
2	Leraand Heidi	Melhus TKD		NORWAY
3	Rusten Signy_Aud	Bergen TKD		NORWAY
3	Lundin Laila_Kaspersen	Klæbu TKD		NORWAY

118Veteran Dame Sparring Blått og Rødt -65 kg				
1	Buvang Heidi	Tromsø TKD		NORWAY
2	Fagerheim Maria_E.	Målselv TKD		NORWAY
3	Thoresen Hilde_Charlotte	Tromsø TKD		NORWAY
3	Rusten Mette_Lise	Fana TKD		NORWAY

119Veteran Dame Sparring Dan +65 kg				
1	Haaland Reidun	Trondheim TKD		NORWAY
2	Øydvin_Mæhre Mari	Værnes TKD		NORWAY
3	Strøm May-Lene	Haugesund TKD		NORWAY
3	Skånhaug Ann_Kristin	ETS TKD		NORWAY

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120 Veteran Dame Sparring Dan -65 kg			
1	Lie Marianne	Trondheim TKD	 NORWAY
2	Steinkjer Aud-Eli	Værnes TKD	 NORWAY
3	Halleland Doreen	Haugesund TKD	 NORWAY
3	Schei_Dyrnes Sonja	Surnadal TKD	 NORWAY

121 Veteran Herre Sparring Blått og Rødt +80 kg			
1	Wetting Sindre	Tromsø TKD	 NORWAY
2	Spord Roar	Askøy TKD	 NORWAY
3	Gullbrå Thorstein	Voss TKD	 NORWAY
3	Jørgensen Tor_Øyvind	Askøy TKD	 NORWAY

122 VETERAN HERRE SPARRING BLÅTT OG RØDT -80 KG			
1	Bjørge Remi	Askøy TKD	 NORWAY
2	Skogan David	Christiania TKD	 NORWAY
3	Nes John_Gustav	Voss TKD	 NORWAY
3	Opsahl Tor_Arne	Røyken TKD	 NORWAY

123 VETERAN HERRE SPARRING DAN +80 KG			
1	Bergsvik Lasse	Røyken TKD	 NORWAY
2	Borge Bjørnar	Oslo Øst TKD	 NORWAY
3	Kvæl Ken-Thomas	Hadsel TKD	 NORWAY
3	Gimse Anton	Melhus TKD	 NORWAY

125 DIVISJON 14 YNGRE JUNIOR DAME MØNSTER BLÅTT			
1	Andresen Anne_Maria	Melhus TKD	 NORWAY
2	Sørgård Kristiane_Solheim	Ålesund TKD	 NORWAY
3	Gravvold Una_Langeland	Surnadal TKD	 NORWAY
3	Valvatne Tuva	Kirkenes TKD	 NORWAY

126 DIVISJON 14 YNGRE JUNIOR HERRE MØNSTER BLÅTT			
1	Brandtzæg Sigmund	Selbu TKD	 NORWAY
2	Ulvstad Sebastian	Haram TKD	 NORWAY
3	Karlsson Lucas	Jessheim TKD	 NORWAY
3	Johansen Philip_August_Haaland	Lier TKD	 NORWAY

127 DIVISJON 15 YNGRE JUNIOR HERRE MØNSTER RØDT			
1	Elvenes Kasper_Andre	Tromsø TKD	 NORWAY
2	Barland Borgar	Selbu TKD	 NORWAY
3	hesvik Daniel	Bergen TKD	 NORWAY
3	Ness Knut_Erik	Ålesund TKD	 NORWAY

128 DIVISJON 15 YNGRE JUNIOR DAME MØNSTER RØDT			
1	Aunvik Adele	Trondheim TKD	 NORWAY
2	Deniz Josefine_Breivik	Hadsel TKD	 NORWAY
3	Bøgh Mari_Rønne	Orkdal TKD	 NORWAY
3	Blasco Andrea	Bergen TKD	 NORWAY

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129 DIVISJON 16 YNGRE JUNIOR DAME MØNSTER ALLE DAN			
1	Grønberg Miriam	Trondheim TKD	 NORWAY
2	Minervini Sarah	Trondheim TKD	 NORWAY
3	Hop Camilla_Toftum	Bergen TKD	 NORWAY
3	Rauset-Tangerås Emilie_Xun	Bergen TKD	 NORWAY

130 DIVISJON 16 YNGRE JUNIOR HERRE MØNSTER ALLE DAN			
1	Bjørndal Sondre	Bergen TKD	 NORWAY
2	Bjørhusdal Brede_Tysnes	Fana TKD	 NORWAY
3	Hassanipour Daniel	Sandnes TKD	 NORWAY

131 YNGRE JUNIOR DAMER SPARRING BLÅTT OG RØDT -45 KG			
1	Aunvik Adele	Trondheim TKD	 NORWAY
2	Sverdrup Sina_Dorthea	Fana TKD	 NORWAY
3	Rene Julie	Voss TKD	 NORWAY
3	Sørgård Kristiane_Solheim	Ålesund TKD	 NORWAY

132 YNGRE JUNIOR DAMER SPARRING BLÅTT OG RØDT -50 KG			
1	Røen Frida	Surnadal TKD	 NORWAY
2	Grimsmo Ingeborg_Sørvik	Surnadal TKD	 NORWAY
3	Leiros Helle_Schrøder	Tromsø TKD	 NORWAY
3	Høiås_Wehn Emilie_Kristin	Haram TKD	 NORWAY

133 YNGRE JUNIOR DAMER SPARRING BLÅTT OG RØDT -55 KG			
1	Deniz Josefine_Breivik	Hadset TKD	 NORWAY
2	Håheim Mathilde	Voss TKD	 NORWAY
3	Pater-Walderhaug Julia	Ålesund TKD	 NORWAY
3	Gravvold Una_Langeland	Surnadal TKD	 NORWAY

134 YNGRE JUNIOR DAMER SPARRING BLÅTT OG RØDT +55 KG			
1	Sletvold Isabell_Margrethe	Orkdal TKD	 NORWAY
2	Roaldsnes Lina	Ålesund TKD	 NORWAY
3	Elsebutangen Synne_Hagvåg	Jessheim TKD	 NORWAY
3	Otivar Ellen_Sofie	Værnes TKD	 NORWAY

138 YNGRE JUNIOR DAMER SPARRING ALLE DAN +55 KG			
1	Minervini Sarah	Trondheim TKD	 NORWAY
2	Grønberg Miriam	Trondheim TKD	 NORWAY

139 YNGRE JUNIOR HERRE SPARRING BLÅTT OG RØDT -50 KG			
1	hesvik Daniel	Bergen TKD	 NORWAY
2	Iversen Marius_Hauge	Bergen TKD	 NORWAY
3	Barland Borgar	Selbu TKD	 NORWAY
3	Dzemila Dino	Bergen TKD	 NORWAY

140 YNGRE JUNIOR HERRE SPARRING BLÅTT OG RØDT -56 KG			
1	Solli Edvard	Molde TKD	 NORWAY
2	Karlsson Lucas	Jessheim TKD	 NORWAY

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3	Nes Kristian	Voss TKD		NORWAY
3	Sperrevik Frank_Sebastian	Os TKD		NORWAY

141 YNGRE JUNIOR HERRE SPARRING BLÅTT OG RØDT -62 KG

1	Støren Caspar_Gallagher	Molde TKD		NORWAY
2	Fredriksen Marius_Folkestad	Alesund TKD		NORWAY
3	Jakobsson Sveinung_Koppen	Bergen TKD		NORWAY
3	Lokna Gustav	Stavanger TKD		NORWAY

142 YNGRE JUNIOR HERRE SPARRING BLÅTT OG RØDT +62 KG

1	Stige David	Molde TKD		NORWAY
2	Eriksen Oddbjørn_Liahjell	Tromsø TKD		NORWAY
3	Jensen Chris	Tromsø TKD		NORWAY
3	Joensen Marius	Tromsø TKD		NORWAY

148 SPESIALTEKNIKK DAN YNGRE JUNIOR HERRE HIGHKICK

1	Bjørhusdal Brede_Tysnes	Fana TKD		NORWAY
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149 SPESIALTEKNIKK DAN JUNIOR DAME HIGHKICK

1	Wohlen Ingviid	Trondheim TKD		NORWAY
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150 SPESIALTEKNIKK DAN JUNIOR HERRE HIGHKICK

1	Smith Jonas	Trondheim TKD		NORWAY
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151 SPESIALTEKNIKK DAN ELDRE JUNIOR DAME HIGHKICK

1	Hole Ann_Linnea	Bergen TKD		NORWAY
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152 SPESIALTEKNIKK DAN ELDRE JUNIOR HERRE HIGHKICK

1	Bjørnstad Oliver	Trondheim TKD		NORWAY
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153 SPESIALTEKNIKK DAN SENIOR DAME HIGHKICK

1	Grønnesby Lise	Trondheim TKD		NORWAY
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154 SPESIALTEKNIKK DAN SENIOR HERRE HIGHKICK

1	Rødne_Lange Rasmus	Trondheim TKD		NORWAY
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156 SPESIALTEKNIKK DAN YNGRE JUNIOR HERRE HIGH FLYING SIDEKICK

1	Bjørhusdal Brede_Tysnes	Fana TKD		NORWAY
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157 SPESIALTEKNIKK DAN JUNIOR DAME HIGH FLYING SIDEKICK

1	Li Selma_Øen	AI IL Taekwondo		NORWAY
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158 SPESIALTEKNIKK DAN JUNIOR HERRE HIGH FLYING SIDEKICK

1	Torsvik Henrik	Fana TKD		NORWAY
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159 SPESIALTEKNIKK DAN ELDRE JUNIOR DAME HIGH FLYING SIDEKICK

1	Hole Ann_Linnea	Bergen TKD		NORWAY
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160 SPESIALTEKNIKK DAN ELDRE JUNIOR HERRE HIGH FLYING SIDEKICK				
1	Bjørnstad Oliver	Trondheim TKD		NORWAY

161 SPESIALTEKNIKK DAN SENIOR HERRE HIGH FLYING SIDEKICK				
1	Eide Sivert_Lein	Trondheim TKD		NORWAY

162 SPESIALTEKNIKK DAN SENIOR DAMER HIGH FLYING SIDEKICK				
1	Grønnesby Lise	Trondheim TKD		NORWAY

164 KNUSING NM HÅNDEKNIKK HERRE DAN +19 ÅR				
1	Kordu Lavin	Tønsberg TKD		NORWAY

165 KNUSING NM FOTTEKNIKK HERRE DAN +19 ÅR				
1	Dybvik Alexander_Myrstad	Oslo Øst TKD		NORWAY

166 KNUSING NM FOTTEKNIKK DAME DAN +19 ÅR				
1	Sivertsvik Rita_Moseng	Trondheim TKD		NORWAY

200 Team Mønster Jr Herre				
1	Team Trøndelag 3 - Captain Team_22	Team Trøndelag 3		NORWAY
2	Team Vest 2 - Captain Team_26	Team Vest 2		NORWAY
3	Team Øst 1 - Captain Team_11	Team Øst 1		NORWAY
3	Team Rogaland 3 - Captain Team_33	Team Rogaland 3		NORWAY

201 Team Mønster Jr Dame				
1	Team Trøndelag 2 - Captain Team_21	Team Trøndelag 2		NORWAY
2	Team Øst 2 - Captain Team_14	Team Øst 2		NORWAY
3	Team Vest 2 - Captain Team_26	Team Vest 2		NORWAY
3	Team Vest 1 - Captain Team_25	Team Vest 1		NORWAY

202 Team Sparring Jr Herre				
1	Team Trøndelag 2 - Captain Team_21	Team Trøndelag 2		NORWAY
2	Team Vest 1 - Captain Team_25	Team Vest 1		NORWAY
3	Team Northwest Jr - Captain Team17	Team Northwest Jr		NORWAY
3	Team Øst 1 - Captain Team_11	Team Øst 1		NORWAY

203 Team Sparring Jr Dame				
1	Team Vest 1 - Captain Team_25	Team Vest 1		NORWAY
2	Team Northwest Jr 2 - Captain Team19	Team Northwest Jr 2		NORWAY
3	Team Vest 2	Team Vest 2		NORWAY

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	- Captain Team_26			
3	Team Trøndelag 1 - Captain Team_20	Team Trøndelag 1		NORWAY

204 Team Mønster Senior Herre

1	Team Trøndelag 1 - Captain Team_23	Team Trøndelag 1		NORWAY
2	Team Vest 1 - Captain Team_28	Team Vest 1		NORWAY
3	Team Øst Senior - Captain Team_15	Team Øst Senior		NORWAY
3	Team Vest 2 - Captain Team_29	Team Vest 2		NORWAY

205 Team Mønster Senior Dame

1	Team Vest 1 - Captain Team_28	Team Vest 1		NORWAY
2	Team Øst Senior D - Captain Team_16	Team Øst Senior		NORWAY
3	Team Trøndelag 2 - Captain Team_24	Team Trøndelag 2		NORWAY
3	Team Trøndelag 1 - Captain Team_23	Team Trøndelag 1		NORWAY

206 Team Sparring Senior Herre

1	Team Vest 1 - Captain Team_28	Team Vest 1		NORWAY
2	Team Trøndelag 1 - Captain Team_23	Team Trøndelag 1		NORWAY
3	Team Vest 2 - Captain Team_29	Team Vest 2		NORWAY
3	Team Øst Senior - Captain Team_15	Team Øst Senior		NORWAY

207 Team Sparring Senior Damer

1	Team Trøndelag 1 - Captain Team_23	Team Trøndelag 1		NORWAY
2	Team Øst Senior D - Captain Team_16	Team Øst Senior		NORWAY
3	Team Vest 1 - Captain Team_28	Team Vest 1		NORWAY
3	Team Northwest - Captain Team_10	Team Northwest		NORWAY