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**ALL ALBERTA
ALL ALBERTA
KARATE
KARATE
INVITATIONAL
INVITATIONAL
NOV 25 2017
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LOCATION: Ranchlands School, 610 Ranchlands BLVD,
Calgary AB T3G 2C5

**2017 ALL ALBERTA KARATE
INVITATIONAL**

NOVEMBER 25 2017

RANCLANDS SCHOOL

610 RANCLANDS BLVD NW

CALGARY AB

To all Coaches, Sensei's, Volunteers, Officials and Competitors

This is 4TH annual hosting of this event. The sole purpose of this tournament is to help foster the growth of our province and country in the art of Karatedo. We wish to give more experience to all of the participants and in doing so, we will create an event that is competitive and enjoyable for competitors of all levels and ages. Last year was an amazing success, the tournament provides high calibre athletes for all ages, a fun atmosphere and a great experience for everyone.

This is a good-will event and sportsmanship and all of the morals and values of our martial art must be preserved before anything else. We will be using the current WKF rules and guidelines.

Please review all the forms and rule break-down to ensure everyone is upto-date with the format.

Kind Regards

Sensei Gary Sabean and Adam Wackershauser

INFORMATION AND CONTENTS

ALL CHEQUES MADE TO "ALBERTA KARATE ATHLETE ASSOCIATION"

DATE	NOVEMBER 25
LOCATION	RANCLANDS SCHOOL, 610 RANCLANDS BLVD CALGARY AB
REGISTRATION	REGISTER THROUGH SPORTDATA BY NOVEMBER 19th LINK TO SPORTDATA: MOREINFO: INFO@COCHRANEKARATE.COM
TIMES	SATURDAY TOURNAMENT 8 AM SET UP TIME 9 AM START TIME (SHARP)
RULES	PLEASE REVIEW OUR RULES AND GUIDELINES PRIOR TO ENTERING THE EVENT. WE WANT ALL COMPETITORS, COACHES AND VOLUNTEERS AWARE OF ALL RULES AND GUIDELINES.
DIVISIONS	THERE IS AN ATTACHED DOCUMENT STATING ALL EVENTS AND DIVISIONS.
OFFICIALS	PLEASE REVIEW OFFICIALS DOCUMENT. OFFICIALS MEETING WILL BE HELD AT 8:30AM
VOLUNTEERS	PLEASE REGISTER VOLUNTEERS PRIOR TO EVENT

RULES OVERVIEW

KATA:

1) Performance

- All Children and youth 13 and younger will perform kata simultaneously with their opponent
- 3 – 5 judges will cast flags for each opponent, using the WKF Kata judging rules
- 11 and younger divisions are single elimination
- 14 and older events will perform 1 at a time (red then blue)
- 14 and older will have repechage

2) Dress Code

- All competitors must wear a plain white gi
- Dojo/association crests and embroidery are permissible
- Gi sleeves and pants must not be longer than the wrist or ankle joint and not rolled up
- Ripped or dirty gis may have to be removed with referees discretion

3) Penalties

- All mistakes or stumbles will be taken into account by referees and officials
- Any unsportsmanlike conduct can lead to penalization or dismissal from the event, by coaches, athletes, volunteers or parents

4) Kata Style

- All Kata from any traditional style or association is allowed.(See WKF list in current rules)

KUMITE:

1) Match Area and particulars

- The match will take place inside the boundaries of the tatami either 7 x 7 or 10 x 10 meters
- All recreational events are single elimination (with bronze medal match)
- All competitive events are repechage

2) Time

- All children's age (4-13) matches will be 1.5 minutes running time or first to 6 points
- All Adult colour belts matches will be 2 minutes running time with WKF rules
- All Competitive Advanced Divisions will be 2 minutes stop time. Except men's which will be 3 minutes stop time.
- Time outs can be called by the referee for injury or gear malfunction.
- In the event of a tie a whistle will be blown and the officials will vote and declare a winner.

3) Scoring(kumite)

- Point structure will be based off of a modified WKF criteria
- Six scoring criteria are (Distance, Timing, Technique, Zanshin(continued awareness), Sporting Attitude, Vigorous application) for more see current WKF rules at wkf.net
- The target areas are the Torso(front, back and sides), Head (front, back and sides) and Throat and neck(contact to this area will result in a penalty).
- 1 point (YUKO) – Awarded for any hand strike or punch to the correct target area
- 2 points (Waza-ari) – Awarded for a kick to the body
- 3 Points (Ippon) – Awarded for head kick or a successful attack to an opponent whose torso is on the floor.

4) Penalties

- Excessive contact (All divisions 17 and younger allow no contact to the head, face, neck or throat)

- Striking to the groin or any target area below the hip bone
- Striking with an elbow or knee
- Striking to any joint in the body (ashi-barai are allowed)
- Exiting the fighting area during a match
- Wild or uncontrolled techniques
- Talking during the match
- Un-sportsmanlike conduct
- Excessive grabbing, holding or pushing

5) EQUIPMENT

- All recreational divisions require WKF style hand gear, mouth guard. Groin protection for all boys and men. Chest protectors for females. (Shin, body and head protectors are optional.)
- All competitive divisions are required to have shin and in-step and body protectors as well.
- ALL DECISIONS BY THE OFFICIALS IS FINAL AND FAILURE TO COMPLY CAN LEAD TO EXPULSION FROM THE EVENT
- ALL ATHLETES AND COACHES MUST BE RESPECTFUL (ANY MAILICIOUS BEHAVIOUR IN OR OUT OF THE RING WILL RESULT IN EXPULSION FROM THIS OR FUTURE EVENTS)

For any additional info please contact:
calgaryinvitational@gmail.com

Officiating

EQUIPMENT:

- For those with full Referee and officiating outfit please bring one
- For newer officials bring a white collared shirt and grey or black dress slacks with black shoes.
- Optional; whistle, tie or blue blazer.

KATA:

- Matches will have 3-5 judges where available
- Kata will be from many different styles so the kihon of the kata, focus and overall performance are very important to observe
- Officials will vote using a red and blue flag

KUMITE:

- 4 judges, 1 referee and 1 arbitrator will be used when possible.
- Or 3 Judges, 1 referee- 2 judges 1 referee - Or Shadow refereeing may also take place
- All current WKF scoring criteria must be observed
- 2 flags may indicate a score or penalty but the head official or referee can overturn decisions.

GUIDELINES:

- Officials or Referees cannot be present for their own association or dojo
- If a replacement cannot be made then 1 official from each participating dojo in the match should be present.

Please refer to the current WKF rule book for additional queries.

COACHES:

- Coaches may coach from the side chair in a respectful manor
- Coaches must have a team track-suit

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TOURNAMENT REGISTRATION
NOVEMBER 25 2017

NAME: _____

ADDRESS: _____

PHONE: _____ E-MAIL: _____

ALBERTA HEALTH CARE #: _____

DATE OF BIRTH: _____ GENDER: M / F AGE: _____

BELT COLOUR: _____ DOJO/ASSOCIATION: _____

DIVISIONS: _____ SEMINAR: YES OR NO

Waiver and Release

I, _____, acknowledge and understand that Karate is a martial art and a physical activity and that there are inherent risks in performing and participating in this or any Karat event. I further acknowledge and understand that I may receive possible injuries which could be serious and/or permanent.

I hereby accept all risks in association with the aforementioned activity and forever release and discharge all administrators, officials, coaches, volunteers, sponsors and assigns from any legal action forever.

Athlete Name(Parent/Guardian) _____

Signature: _____ Date: _____

Witness Name: _____

Witness Signature: _____ Date: _____

DIVISION LISTS

DIVISIONS KATA			
AGE	RANK	MALE EVENTS	FEMALE EVENTS
4--7	ALL	A 001	A 002
8--9	WHITE - ORANGE	B 001	B 002
8--9	GREEN - BLACK	B 003	B 004
10--11	WHITE - ORANGE	C 001	C 002
10--11	GREEN - BLACK	C 003	C 004
12--13	WHITE - YELLOW	D 001	D 002
12--13	ORANGE - PURPLE	D 003	D 004
12--13	BROWN - BLACK	D 005	D 006
14--15	WHITE - YELLOW	E 001	E 002
14--15	ORANGE - PURPLE	E 003	E 004
14--15	BROWN - BLACK	E 005	E 006
16--17	WHITE - YELLOW	F 001	F 002
16--17	ORANGE - PURPLE	F 003	F 004
16--17	BROWN - BLACK	F 005	F 006
<i>18+(recreational)</i>	WHITE - ORANGE	G 001	G 002
<i>18+(recreational)</i>	GREEN - BLACK	G 003	G 004
<i>18 +Competitve</i>	BROWN - BLACK	COMP 001	COMP 002
<p>Some divisions may be combined to make a more meaningful competition (male and female will not cross above 8 years old in kumite)</p> <p>All team kumite events must be registered by the morning 9am All teams will be 3 people teams (2 minimum)</p>			

DIVISION LISTS

<i>DIVISIONS KUMITE</i>			
<i>AGE</i>	<i>RANK</i>	<i>MALE EVENTS</i>	<i>FEMALE EVENTS</i>
4--7	ALL	A 003	A 004
8--9	WHITE - ORANGE	B 005	B 006
8--9	GREEN - BLACK	B 007	B 008
10--11	WHITE - ORANGE	C 005	C 006
10--11	GREEN - BLACK	C 007	C 008
12--13	WHITE - YELLOW	D 007	D 008
12--13	ORANGE - PURPLE	D 009	D 010
12--13	BROWN - BLACK	D 011	D 012
14--15	WHITE - YELLOW	E 007	E 008
14--15	ORANGE - PURPLE	E 009	E 010
14--15	BROWN - BLACK	E 011	E 012
16--17	WHITE - YELLOW	F 007	F 008
16--17	ORANGE - PURPLE	F 009	F 010
16--17	BROWN - BLACK	F 011	F 012
<i>18+(recreational)</i>	WHITE - ORANGE	G 005	G 006
<i>18+(recreational)</i>	GREEN - BLACK	G 007	G 008
<i>18 + FEMALE</i>	minus 55kg		COMP 004
<i>18 + FEMALE</i>	minus 60kg		COMP 006
<i>18 + FEMALE</i>	plus 60kg		COMP 008
<i>18 + MALE</i>	minus 67kg	COMP 003	
<i>18 + MALE</i>	minus 75kg	COMP 005	
<i>18 + MALE</i>	plus 75kg	COMP 007	
TEAM KUMITE			
<i>12-14</i>	GREEN - BLACK	TEAM 001	TEAM 002
<i>15-17</i>	GREEN - BLACK	TEAM 003	TEAM 004
<i>18+</i>	BROWN-BLACK	TEAM 005	TEAM 006
All team kumite events must be registered by the morning 9am All teams will be 3 people teams (2 minimum)			
Some divisions may be combined to make a more meaningful competition (male and female will not cross above 8 years old in kumite)			

TOURNAMENT SCHEDULE

(When registration is done a firm schedule will be posted)

TATAMI 1	TATAMI 2
<p style="text-align: center;">A 001/003 B 001/005 C 001/005 D 001/007 D 004/010 TEAM KUMITE E 001/005 F 002/006 G 001/005 G 004/008 (All COMP divisions will follow)</p>	<p style="text-align: center;">A 002/004 B 002/006 C 002/006 D 002/008 D 005/011 TEAM KUMITE E 002/006 E 004/008 F 003/007 G 002/006 (All COMP divisions will follow)</p>
TATAMI 3	TATAMI 4

B 003/007 B 004/008 C 004/008 D 003/009 D 006/012 TEAM KUMITE E 003/007 F 001/005 F 004/008 G 003/007 (All COMP divisions will follow)	COMP 001 COMP 002 F 005 F 006 E 005 E 006 TEAM KUMITE COMP 003/004 COMP 005/006 COMP 007/008 F 011/012 E 011/012
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□ Male and females WILL NOT be combined but may be marshalled together