

ALBENA BULGARIA



BULGARIAN NATIONAL
FEDERATION KARATE
SHOTOKAN DEPARTMENT

10TH WSF EUROPEAN SHOTOKAN KARATE CHAMPIONSHIPS

26-28 OCTOBER 2018



ALBENA SPORT HALL



10th European Shotokan Karate Championships

26-27-28 October 2018



Dear Shotokan Friends

The technology of the last decades has marked profound changes in the world, with extraordinary effects and implications in social, economics, culture, art, sports, a.s.o

The Olympism itself, as well as the Olympic Concept have evolved.

However, Karate-Do's Fundamental Values,

Spirit and Philosophy have resisted, Karate-Do Styles and Sports Karate, being inseparable.

For those who love Karate Sports, The Olympic Dream of Karatekas has become a reality today, thanks to WKF.



The main WSF's goal means the respect of this Karate-Do philosophy, honest and open cooperation for the improving the WSF's strategy and management for a high technical level, involving the people who have performed and have a big expertise and experience, experts of Shotokan Karate Do as WKF members and not only.

We need a hard work for all of these responsibility and expertise too. So we are waiting all people interested to join us and together to achieve our shotokan international goals.

I really hope and believe that WSF will become in next years, more and more, one of the strongest shotokan style federation in the World of Karate-Do. These ESF-WSF's **Anniversary Edition Events, the 10th European Shotokan Championships**, it will be a big occasion and opportunity for all of you to compete and to spend wonderful moments of your life.

Please don't forget winner or not, be sure you have a big "victory" for yourself, a "life medal".

Sincerely yours

Adrian Popescu-Sacele 8.DAN
WSF Deputy President & ESF President

Kakha Basilia
WSF President



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Dear Friends,

We would like to be honoured to host you in Albena the city of nature and sea in the 10th European Shotokan Championships. As it is wellknown Bulgarian Karate Federation Shotokan Department is absolutely proven itself in the World and Europe.

These competitions done in our country contribute to countries tourism and advert. For these reason I would like to thank to the World Shotokan Federation officials to host the event in Bulgaria.



We wish you to have wonderfull days and leave with most beautiful memories. Oss

Sincerely yours,

Roussalin Rousalinov
Bulgarian National Karate Federation
Shotokan Department
WSF Executive Commitee Member



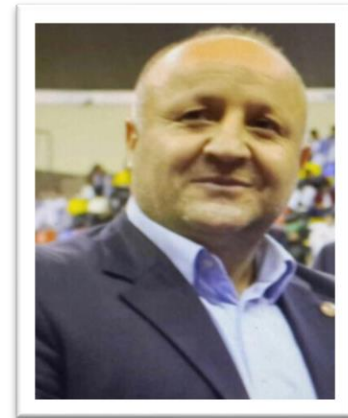
10th European Shotokan Karate Championships

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Dear Shotokan Friends,

The World Shotokan Federation founded before 10 years with a dream of organising biggest events in Shotokan style in the world and this is the 10th version of the event. We started with four good shotokan man together met in istanbul in 2009 with the wellknown name World Shotokan Karate Union means W.S.K.U. And we continue our way since 2015 years with the name of World Shotokan Federation (WSF).



This years 26-27-27 October 2018 we will organise 10th European Shotokan Championships and this is a clear indicator of our organisations roots efforts. In this connection we will show great effort to make a bigger Shotokan organisation with the best workings in the international area. I would like to thank to all participants and wish great success.

Sincerely yours

Hayrettin Hamurcu
WSF Technical Director
Vice President

Date: 26-27-28 October 2018
Venue: Albena Sporthall
Categories:
Children, Cadets, Juniors, Seniors, Veterans



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Kata Kumite Individual and Team Male Female

- Shobu Ippon (2 Points) Kumite,
- Shobu Sanbon (3 Points) Kumite,
- WKF Kumite Categories

Registrations:

All registrations will be on www.sportdata.org. and official registrations will be held on 25th of October, 2018 in the official hotel.

Registration link;

https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vernr=3116

Rules:

- ✓ World Shotokan Federation Rules in Shobu Ippon, Shobu Sanbon and Shotokan Kata, WKF rules in WKF Kumite categories valid.
- ✓ In Kata competitions will be only shotokan kata's will be performed and in the eliminations two athletes at the same time will perform different kata's in each round. In semi final and final's only one athlete will perform kata.
- ✓ Athletes may participate only one weight division in shobu ippon, shobu sanbon and WKF Categories,
- ✓ The coaches are responsible for the registered weights, weight controls will be made in the sporthall starting from 08:00 local time.
- ✓ All registrations should be ended on 25th of October, Thursday 2018 for all days, also registrations for the Saturday and Sunday may be done only one day before the official competitions. Team competition registrations can be made after the 12:00 o'clock every day by the organising committee.
- ✓ WSF Id cards is compulsory for the competition which is 10 € and valid for 1 (one) year.
- ✓ Coaches should check the registrations on sportdata and responsibility belongs to them.
- ✓ The categories less than 4 athletes in every category will be combined with upper and lower categories by the organising committee.

Duration:

- Children 1,5 Min.
- Cadets 2 Min.
- Juniors 2 Min.
- Veterans 2 Min.
- Seniors 3 Min.

Entry Fee's:	Individual Categories	50 €
	Team Categories	100 €

Registrations: Registrations will be done through www.sportdata.org until 15th of October 2018. Late registrations will be penalised 10 € for each registration.

Referee's: All Referee's are wellcome, every country are required to bring at least two referee that will be paid 40 € per day. National Referee's will be paid 30 € per day.



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Organisation:

World Shotokan Federation
Mr. Hayrettin Hamurcu (7.Dan)
Whatsapp/Mobile +90 532 341 34 02
info@worldshotokan.org

Accommodation

HQ Hotel Complex Laguna Albena

Reservations must be made through worldshotokan@gmail.com by filling reservation form.

Bed Breakfast Lunch and Dinner Full Board 45 €, All teams required to stay in the Official Hotel. Otherwise must pay 10 € fine for staying during the registrations.





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OFFICIAL PROGRAMME

Date	Event	Time
25th of October 2018 Thursday	<i>Registration- Complex Laguna Hotel</i>	10:00 – 18:00
	<i>Referee seminar Complex Laguna Hotel</i>	19:00 – 21:00
	<i>DAN examination Complex Laguna Hotel</i>	19:00 – 20:00
	<i>Drawings - Complex Laguna Hotel</i>	21:00 – 22:00
26th of October 2018 Friday	<i>WEIGHT CONTROL Sporthall</i>	09:00 – 11:00
	<i>6-7, 8-9, 10-11Years Individual Kata & Team Kata Finals & Medal Ceremony</i>	09:00 – 11:00
	<i>6-7, 8-9, 10-11Years Individual Kumite Shobu Ippon, Shobu Sanbon Finals & Medal Ceremony</i>	11:00 – 13:00
	<i>Lunch Break</i>	13:00 – 13:30
	<i>6-7, 8-9, 10-11Years Individual Kumite WKF Kumite Finals & Medal Ceremony</i>	13:30 – 17:00
	<i>6-7, 8-9, 10-11 Years Team Kumite Eliminations</i>	17:00 – 19:30
	<i>Finals & Medal Ceremony</i>	19:30 – 20:30
	<i>WEIGHT CONTROL SPORTHALL</i>	09:00 - 11:00
27th of October 2018 Saturday	<i>12-13, 14-15, 16-17 Years Individual Kata & Team Kata Eliminations Finals & Medal Ceremony</i>	09:00 – 11:30
	<i>12-13, 14-15, 16-17 Years Individual Kumite Shobu Ippon, Shobu Sanbon Eliminations Finals & Medal Ceremony</i>	11:30 – 13:30
	<i>Lunch Break</i>	13:30 – 14:00
	<i>12-13, 14-15, 16-17 Years Individual WKF Kumite Eliminations Finals & Medal Ceremony</i>	14:00 – 17:00
	<i>Opening Ceremony</i>	17:00 – 17:30
	<i>12-13, 14-15, 16-17 Years Team Kumite Eliminations</i>	17:30 – 19:30
	<i>Finals & Medal Ceremony</i>	19:30 – 20:30
	<i>WEIGHT CONTROL Sporthall</i>	09:00 – 10:00
	<i>18 and Over Seniors, Veterans Individual & Team Kata Eliminations & Finals & Medal Ceremony</i>	09:00 – 11:00
	<i>18 and Over Seniors Kumite Shobu Ippon, Shobu Sanbon Eliminations & Finals & Medal Ceremony</i>	11:00 – 13:00
28th of October 2018 Sunday	<i>Lunch Break</i>	13:00 – 14:00
	<i>18 and Over and Veterans WKF Kumite Eliminations & Finals & Medal Ceremony</i>	14:00 – 16:00
	<i>18 and Over Seniors and Veterans Ju Kumite Team Kumite Eliminations</i>	16:00 – 17:30
	<i>Finals & Medal Ceremony</i>	18:30 – 20:00



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Official Hotel Reservation Form

OFFICIAL CATEGORIES

SHOBU IPPON & SHOBU SANBON & WKF KUMITE

Ages	Team Kumite	Team Kata	Ind. Kata	Weight Categories												
				20 Kg	25 Kg	30 Kg	+30 Kg	20 Kg	25 Kg	+25 Kg	25 Kg	30 Kg	35 Kg	40 Kg	+40 Kg	Open
6-7 Years Male	x	x	x	20 Kg	25 Kg	30 Kg	+30 Kg									
6-7 Years Female	x	x	x	20 Kg	25 Kg	+25 Kg										
8-9 Years Male	x	x	x	25 Kg	30 Kg	35 Kg	40 Kg	+40 Kg	Open							
8-9 Years Female	x	x	x	20 Kg	25 Kg	+25 Kg			Open							
10-11 Years Male	x	x	x	30 Kg	34 Kg	38 Kg	42 Kg	+42 Kg	Open							
10-11 Years Female	x	x	x	34 Kg	38 Kg	+38 Kg			Open							
12-13 Years Male	x	x	x	38 Kg	44 Kg	50 Kg	56 Kg	+56 Kg	Open							
12-13 Years Female	x	x	x	43 kg	52 Kg	+52 Kg			Open							
14-15 Years Male	x	x	x	52 Kg	57 Kg	63 Kg	70 Kg	+70 Kg	Open							
14-15 Years Female	x	x	x	47 Kg	54 Kg	+54 Kg			Open							
16-17 Years Male	x	x	x	55 Kg	61 Kg	68 Kg	76 Kg	+76 Kg	Open							
16-17 Years Female	x	x	x	48 Kg	53 Kg	59 Kg	+59 Kg		Open							
18 and Over Male	x	x	x	60 Kg	67 Kg	75 Kg	84 Kg	+84 Kg	Open							
18 and Over Female	x	x	x	50 Kg	55 Kg	61 Kg	68 Kg	+68 Kg	Open							
35-40 Masters Male			x						OPEN							
35-40 Masters Female			x						OPEN							
41-46 Masters Male			x						OPEN							
41-46 Masters Female			x						OPEN							
47-52 Masters Male			x						OPEN							
47-52 Masters Female			x						OPEN							
53-58 Masters Male			x						OPEN							
53-58 Masters Female			x						OPEN							
58 and Over Male			x						OPEN							
58 and Over Female			x						OPEN							
18 Years Over Ju Kumite									OPEN							
35-45 Years Team Kumite Male																
35-49 Years Team Kumite Female																
50 Years and Over Team Kumite Male																
50 Years and Over Team Kumite Female																

- Each weight divisions is under Shobu Ippon, Shobu Sanbon, WKF Kumite categories.



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Albena City

Albena is one of the most beautiful sea resorts on the Bulgarian seaside. Albena is the place where the sea meets the sand. The resort is a delight to people of all ages. With the sand lines, and the crystal sea, Albena offers a pleasure to every taste. Albena is situated only 30 km away from Bulgaria's sea capital Varna. The resort is remarkable for its 6-km long beach. It has over 14 900 beds in 43 hotels (2 to 5 stars), situated at the very beach or at the picturesque hills with exciting views of the sea and the "Baltata" National Reserve. Hotels are equipped with all modern facilities: cable TV, telephone lines, restaurants, bars, Internet cafes, medical services, rent-a-car, congress halls, swimming pools, sports services, etc



Time:

Greenwich time + 2 hours, Central European Time + 1 hour

Electricity:

220 V., 50 Hz.

Phone Calls:

You may contact the number you want by directly dialing the relevant country and area code from the phone in your room. By using a phone card you can make an international call from a public telephone too.

Passports & Visas:

No visas are required for the citizens of European Union and EFTA member countries to enter Bulgaria.

Post Office:

You may drop your post cards and letters at the Reception desk at your hotel or put them in the post boxes in the resort. Albena's Post Office is situated in the central area.

Banks:

Banks are opened Monday to Friday, from 9 a.m. to 3 p.m. You will need your passport for cashing cheques or exchanging currency. There are also ATMs at some of the Albena hotels.

Credit Cards:

The main international credit cards are accepted at the big hotels, shopping centers, the car hire offices and some restaurants. The stickers on the shop-windows or at the hotel entrances will provide you with information as to which credit cards are accepted.

Money:

The Bulgarian LEV consists of 100 stotinki. All payments should be made in the national currency. There are bank notes of 1, 2, 5, 10, 20 and 50 Lev, and coins of 1, 2, 5, 10, 20 and 50 stotinki. The exchange rate is fixed at 1 Lev = 1.9553 Euro. It is advisable the exchange of foreign currency to be made at change bureaus or at a bank.

Pharmacy:

Usually is open from 8 a.m. to 8 p.m. There is also a 24-hour pharmacy. You will be provided with more detailed information at the reception desk in your hotel.

Water:

Tap water is chlorinated but completely suitable to drink. Still, better drink bottled mineral water.

Beach:

All beaches are free. You will only be charged for using deckchairs and parasols.





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**Population:**

The population of Bulgaria is about 8 000 000 people, 1 150 000 million live in the capital, 450 000 people live in the sea capital – Varna.

Official Language:

Bulgarian, belonging to the Slavonic language group.

Religion:

Majority - Eastern Orthodox; other - Catholicism, Judaism, Islam, etc.

Official Holidays

- 1 January - New year's Day
- 3 March – The National Holiday
- 12 April - Easter Monday
- 1 May - Labor Day
- 6 May - St. George's Day
- 24 May - Cyrillic Alphabet and Slavonic Culture Day
- 6 September - Union Day
- 22 September - Independence Day
- 1 November – Day of the National Leaders
- 24, 25 December – Christmas

Safe:

It is recommended to keep valuables and documents in the safe you will be provided at the hotel reception. In case of any loss or theft, please approach your guide. When going to the beach you are advised not to take documents, money or valuables with you.

Restaurants:

The menu includes mostly dishes of both the Bulgarian and the European cuisine. Restaurants are usually open from 07.30 a.m. to 10.00 p.m. Some of them may be open as long as there are guests.

Shops:

Shops in the resort are open every day, including Saturday and Sunday. They work from 9 a.m. till 9 p.m.





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TRANSPORT TO ALBENA

Flights to Varna



Flamingo Tours gives you the opportunity to fly at the best possible prices!

More offers for flights to Varna:



Transfers from Varna airport to Albena

Route	Kilometers	Car (1x4)	Bus (1x8)	Bus (1x16)
Airport Varna - Albena	45 km	71 lv	84 lv	110 lv





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Country			
COMPLEX HOTEL LAGUNA			
Contact Person			
Mobile			
Email			
Number of Athletes			
Arrival Date		Departure Date	
Airport		Arrival Time (LT)	

Airport Transfer	Yes	No
Sporthall Transfer	Yes	No

	Name Surname	Pass. Nr.	Single	Double	Triple
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					