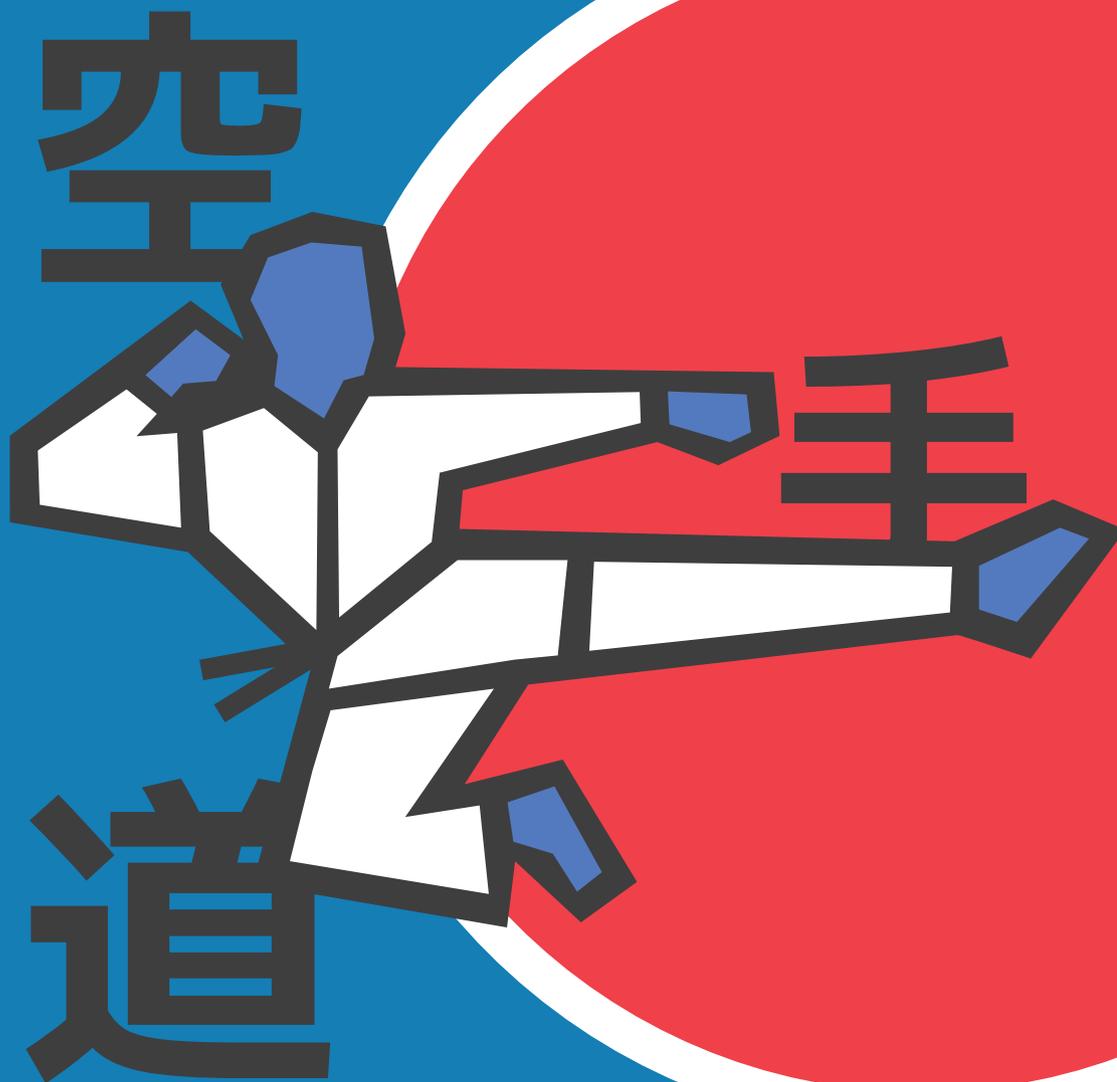


www.grandprixostrava.com



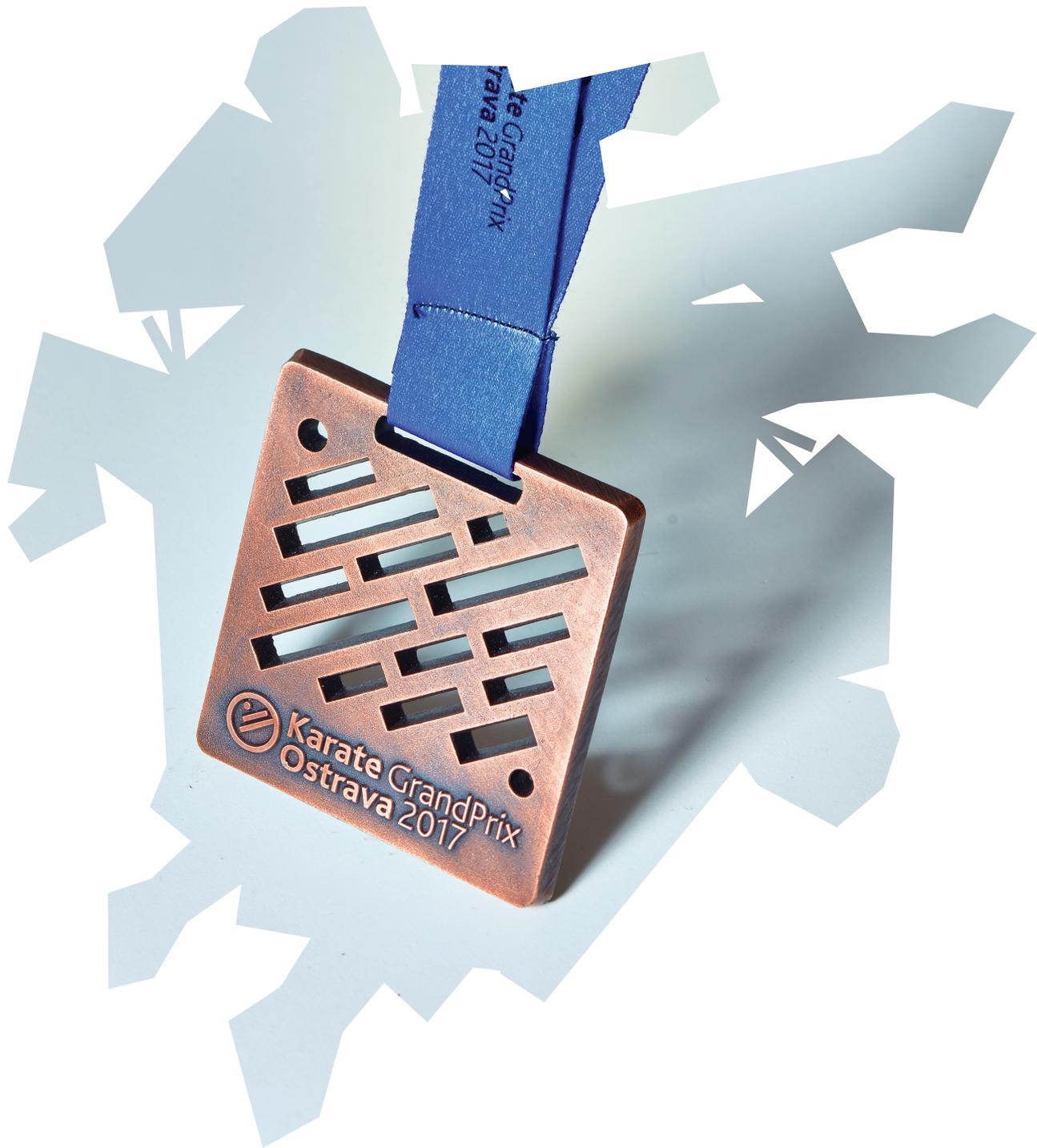
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KARATE GRAND PRIX  
OSTRAVA 2018



3<sup>rd</sup> – 4<sup>th</sup> November 2018



Karate Grand Prix  
Ostrava 2017



Karate Grand Prix  
Ostrava 2017



# KARATE GRAND PRIX OSTRAVA 2018

**Dear sport friends,  
It is great honor for me to invite  
you to the 14<sup>th</sup> year of the traditional  
tournament Karate Grand Prix Ostrava  
which will be held on the 3<sup>rd</sup> and 4<sup>th</sup>  
of November 2018 in Ostrava.**

We would like thank the city of Ostrava, Moravian-Silesian Region and Moravian-Silesian karate union for the long standing support of the tournament. The last year was registered almost 1200 starts and 750 competitors. From more than 100 karate club that has made this competition one of the biggest in the Czech Republic. I believe that also this year we will meet international competitors in Ostrava and the good location in the middle of the Europe will attract a huge numbers of karatekas. KARATE GRAND PRIX OSTRAVA has always been a tournament typical for its great atmosphere, that was made not only by the competitors but also by a number of spectators.

I am looking forward to seeing you!  
**Vladimír Ryska, Dis. (8<sup>th</sup> Dan)**



**Dear friends,  
We would like to invite you to the  
next year of the tournament KGPO.**

We organize a tournament, which will thank to the modern and spacious sports hall provide comfort not only for the competitors, but also for the visitors. We are honoured, that every year we can welcome the medalists from the continental and also world championships, whose performances are always worth to see. Winners will receive medals made special for our tournament, big cup and selected senior categories are awarded by prize money.

Last year, we have made some changes and we want to continue with them. In order to ensure timely start of the tournament, it is not possible to register more competitors after the deadline on sportdata. Again to provide the higher level of the competition we have modified the weight categories in kumite. Access to the tatami will be enabled only to the competitors and coaches with the registration cards and sportswear. Thanks to the enormous interest last year about Grand Prix, we have decided to organize the tournament for two days.

We believe, you will appreciate these steps and you will enjoy the tournament with us!

**Bc. Filip Saidl**

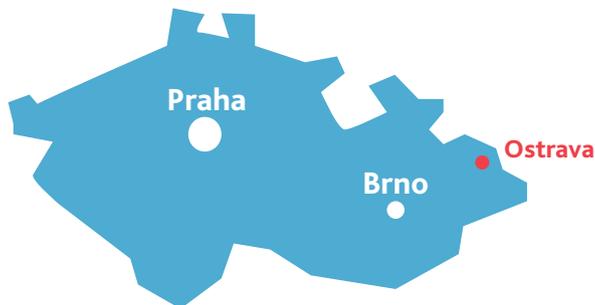
**Mgr. Jakub Debreceňy**



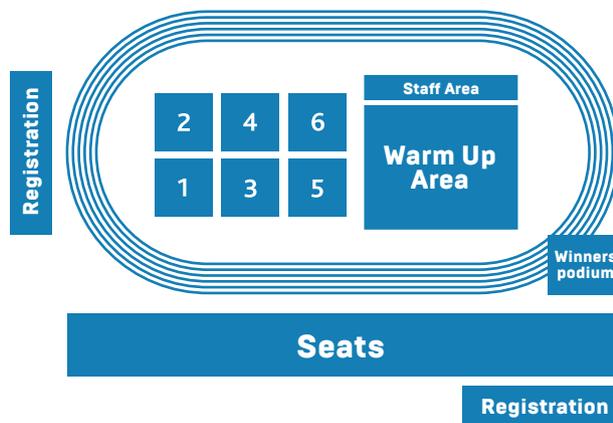
# Info

Date: 3<sup>rd</sup> – 4<sup>th</sup> of November 2018

Address: Starobelská 1392/74, 700 30 Ostrava, Czech Rep.  
(next to Ostravar Arena hockey sports hall)



## Schéma haly



## Registration: [www.sportdata.org](http://www.sportdata.org)

The registration is possible only via sportdata! The end of the registration is 31<sup>st</sup> October. Later application will not be accepted. In case of need please contact [info@grandprixkarate.com](mailto:info@grandprixkarate.com). The access to the tatami will be enabled only to the competitors and coaches with the registration cards, which will be provided by the registration. Coaches have to wear tracksuit and trainers.

## Entry fee: 15€ for one start / 25€ kata team

Every change during registration (deleting or incorrect category) charge 5€.

## Main referee: PaedDr. Michal Hrubý, PhD., 6<sup>th</sup> dan (lic. EKF)

All foreign referees and judges who want to work during Karate Grand Prix Ostrava please contact main referee Mr. Hrubý via mail: [m.hruby@post.cz](mailto:m.hruby@post.cz)

## Organizers: Karate tygr Ostrava, Hakuba karate Ostrava

Vladimír Ryska, dis. – director, Bc. Filip Saidl – finance, media, communication,  
Mgr. Jakub Debrecenyi – organization background, Bc. Lukáš Miklo – technical background

## Sightseeing Ostrava program:

For our guests we can provide sightseeing program of Ostrava city centre, Shopping centre Nova Karolina or industrial parts of Ostrava Vítkovice. Sightseeing requests shall be sent to email [info@grandprixkarate.com](mailto:info@grandprixkarate.com)

## Medals, cups and Prize Money!

The winners of all categories will receive a big cup, selected senior categories are awarded by prize money, the medalists will get medals made special for our Grand Prix. Awarded will be also the best teams of the tournament!

## Organizátoři





# Categories

📅 Saturday 3<sup>rd</sup> November 2018

	Female	Male
<b>Kata</b>	Kata Female Masters (35+)	Kata Male Masters (40+)
	Kata Female (16+)	Kata Male (16+)
	Kata Female U21 (16-20)	Kata Male U21 (16-20)
	Kata Female Junior (16-17)	Kata Male Junior (16-17)
	Kata Female Cadet (14-15)	Kata Male Cadet (14-15)
	Kata Team Female Cadet/Junior (14-17)	Kata Team Male Cadet/Junior (14-17)
	Kata Team U21/Senior (16+)	Kata Team Male U21/Senior (16+)
<b>Kumite</b>	Kumite Femal Masters (35+) OPEN	Kumite Male Masters (40+) OPEN
	Kumite Female (16+) -55, -65, +65, OPEN	Kumite Male (16+) -70, -80, +80, OPEN
	Kumite Female U21 (16-20) -60, +60	Kumite Male U21 (16-21) -70, +80
	Kumite Female Junior (16-17) -55, -60, +60, OPEN	Kumite Male Junior (16-17) -65, -75, +75, OPEN
	Kumite Female Cadet (14-15) -55, +55, OPEN	Kumite Male Cadet (14-15) -55, -65, +65, OPEN

📅 Sunday 4<sup>th</sup> November 2018

	Female	Male
<b>Kata</b>	Kata Female U14 (13)	Kata Male U14 (13)
	Kata Female U13 (12)	Kata Male U13 (12)
	Kata Female U12 (11)	Kata Male U12 (11)
	Kata Female U11 (10)	Kata Male U11 (10)
	Kata Female U10 (9)	Kata Male U10 (9)
	Kata Female U9 (6-8)	Kata Male U9 (6-8)
	Kata Female U12, Beginners (U 7 <sup>th</sup> kyu) (10-11)	Kata Male U12, Beginners (U 7 <sup>th</sup> kyu) (10-11)
	Kata Female U10, Beginners (U 7 <sup>th</sup> kyu) (6-9)	Kata Male U10, Beginners (U 7 <sup>th</sup> kyu) (6-9)
	Kata Team Female U14 (6-14)	Kata Team Male U14 (6-14)
<b>Kumite</b>	Kumite Female U14 (12-13) -42, -50, +50	Kumite Male U14 (12-13) -39, -45, -52, -60, +60
	Kumite Female U12 (10-11) -35, +35	Kumite Male U12 (10-11) -30, -35, -41, +41
	Kumite Female U10 (6-9) -30, +30	Kumite Male U10 (6-9) -27, -32, +32

# KATA rules

Rules WKF (with some exceptions).

Start maximum in two categories (real age and older).

Kata Beginners (U to 7<sup>th</sup> kyu) U10, U12 start only in one category.

## KATA choice

KATA U10 Beginners (U 7 <sup>th</sup> kyu)	Unlimited repetition, only basic kata
KATA U12 Beginners (U 7 <sup>th</sup> kyu)	
KATA U9	
KATA U10	One repetition
KATA U11	
KATA U12	
KATA U13	
KATA U14	No repetition
KATA Cadets	
KATA Juniors	
KATA U21	
KATA Senior	
KATA Masters	
KATA TEAM U14	One repetition, without bunkai
KATA TEAM Cadets & Juniors	No repetition, bunkai only in final
KATA TEAM U21 & Seniors	

## Basic KATA for category Beginners (U to 7<sup>th</sup> kyu)

SHOTOKAN-RYU	GOJU-RYU	SHITO-RYU	WADO-RYU
Heian Shodan	Gekisai Dai Ichi	Heian Shodan	Pinan Shodan
Heian Nidan	Gekisai Dai Ni	Heian Nidan	Pinan Nidan
Heian Sandan	Taikyoku 1-10	Heian Sandan	Pinan Sandan
Heian Yondan		Heian Yondan	Pinan Yondan
Heian Godan		Heian Godan	Pinan Godan

## KATA U10, U11, U12, U13: one repetition

1 <sup>st</sup> round: Heian Nidan	2 <sup>nd</sup> round: Heian Nidan	3 <sup>rd</sup> round: Heian Godan	✓
1 <sup>st</sup> round: Bassai Dai	2 <sup>nd</sup> round: Heian Sandan	3 <sup>rd</sup> round: Bassai Dai	✓
1 <sup>st</sup> round: Heian Sandan	2 <sup>nd</sup> round: Heian Sandan	3 <sup>rd</sup> round: Heian Sandan	✗

## KATA U14 and older: no repetition

1 <sup>st</sup> round: Heian Godan	2 <sup>nd</sup> round: Kanku Dai	3 <sup>rd</sup> round: Bassai Dai	✓
1 <sup>st</sup> round: Bassai Dai	2 <sup>nd</sup> round: Heian Godan	3 <sup>rd</sup> round: Bassai Dai	✗



# KUMITE rules

Rules WKF (with some exceptions).

Start only in one age and weight category + open.

Competitors U21 can start also in senior categories.

Compulsory protectors are: hand, teeth, shin pad and foot protectors, chest in female category (U14 and older),

Body protector is allowed.

Category U10, U12, U14 match 1 min 30 sec.

Protest: WKF rules, charge 20€, weighing protest must be raised at the boarding category before first match!



# Schedule

## Friday 2<sup>nd</sup> Nov 2018 .....

19:00 – 20:30 Registration in sports hall

## Saturday 3<sup>rd</sup> Nov 2018 .....

07:30 – 08:30 Registration

08:45 Coach meeting

09:00 Start kata and kumite competition

12:30 Opening ceremony  
Running medal ceremony

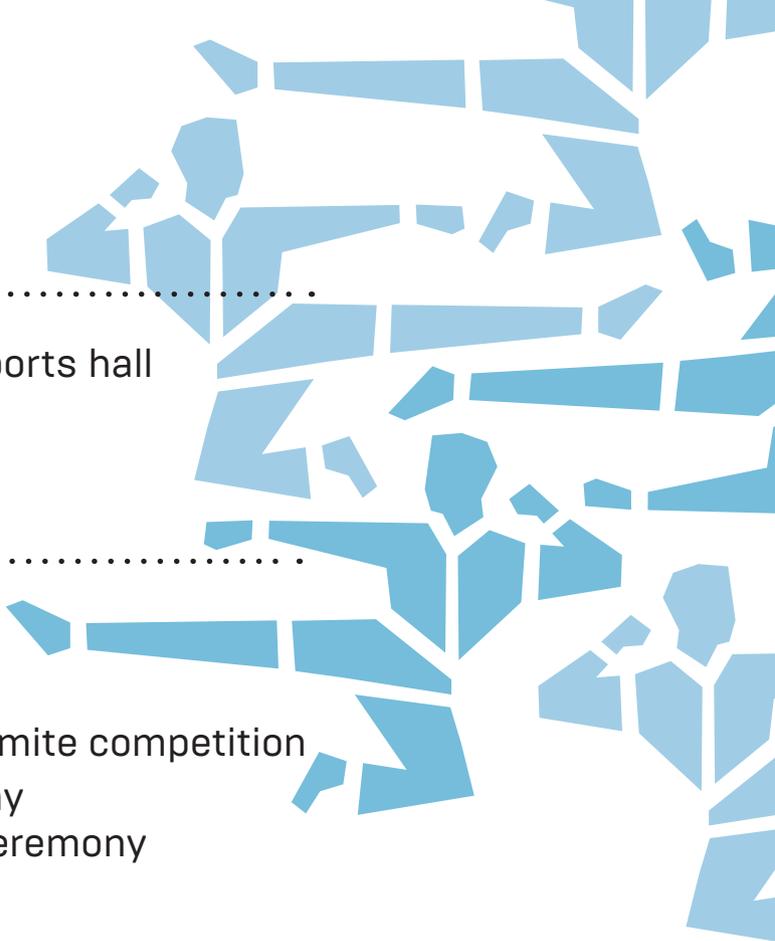
## Sunday 4<sup>th</sup> Nov 2018 .....

07:30 – 08:30 Registration

08:45 Coach meeting

09:00 Start kata and kumite competition

12:30 Opening ceremony  
Running medal ceremony



# Ostrava

## **Ostrava**

Ostrava is a formal coal-mining city which also used to be called „the steel heart of Europe“. In these days the heavy industry is on the decline and Ostrava is becoming the modern European metropolis full of cultural, art and sports events.

## **Stodolní**

The most popular street „after dark“ as full of restaurants, bars and clubs. Any kind of distaction can be found here!

## **The Lower Area of Vítkovice**

The formal mining area including the Hlubina mine, coking plant, blast furnaces and the other technological facilities of metallurgical basic industry and energetics. Since 2002, the area of Hlubina mine, coking plant, and the blast furnaces has been a National Cultural Monument. In 2008, the Lower Area of Vítkovice was inscribed on the the European Cultural Heritage list.

## **The city Hall tower**

The tower is 85.6 metres high and it is the most famous building in Ostrava and the largest town hall complex in the Czech Republic. The observation tower is open to the public all year round and is one of the main tourist attractions of Ostrava which offers a wonderful views over the Ostrava city.



# Hotels

## Low Cost hotel Ostrava \*\*

[2 km to sports hall, 5 min public transport]

[www.lc-hotel.cz](http://www.lc-hotel.cz)

Discount code: **karate grand prix**

Reservation: mob.: +420 725 373 793, E-mail: [recepce@lc-hotel.cz](mailto:recepce@lc-hotel.cz)

## BEST WESTERN Hotel Vista \*\*\*\*

[2 km to sports hall, 5 min public transport]

[www.hotelvista.cz](http://www.hotelvista.cz)

## Hotel Veronika \*\*\*

[2 km to sports hall, 5 min public transport]

[www.hotelveronika.cz](http://www.hotelveronika.cz)

## Imperial hotel Ostrava \*\*\*\*

[6 km to sports hall]

[www.imperialhotelostrava.com](http://www.imperialhotelostrava.com)





# KARATE GRAND PRIX OSTRAVA 2018

 [grandprixostrava.com](http://grandprixostrava.com)

 [facebook.com/KarateGrandPrixOstrava](https://facebook.com/KarateGrandPrixOstrava)

 [info@grandprixostrava.com](mailto:info@grandprixostrava.com)

Main partners

**OSTRAVA!!!**

