

16th IRISH INTERNATIONAL KARATE CHAMPIONSHIP

SATURDAY 25TH APRIL DUNDALK INSTITUTE OF TECHNOLOGY



IRELAND WADOKAI KARATE DO-RENMEI



In association with IWKA



**Individual Kata Events
Female**

**Individual Kata Events
Male**

K1 U8	K9 U8
K2 U10	K10 U10
K3 U12	K11 U12
K4 U14	K12 U14
K5 Cadet (U16)	K13 Cadet (U16)
K6 Junior (U18)	K14 Junior (U18)
K7 Senior (+18)	K15 Senior (18+)
K8 Veteran (35+)	K16 Veteran (35+)

Mixed Team Kata Events

Inclusive Kata Events

T1 U14 Team Kata All Grades	K17 Inclusive kata u 14
T2 Cadet & Senior Team Kata	K18 Inclusive Kata +14

NEW!

Novice Kata - Heian/Pinan kata only

Female

Male

N1 U14	N4 U14
N2 U18 (14-17)	N5 U18 (14-17)
N3 18+	N6 +18

Notes for Individual Kata Events:

- Competitors are ONLY allowed to compete in their own age group
- Competitors in U8 and U10 categories need only ONE kata
- Competitors in NOVICE categories may only perform Pinan/Heian kata.
- Competitors in U12 and U14 categories may alternate between 2 katas
- Inclusive -14 need only 1 kata
- Inclusive +14 may alternate between 2 katas
- U14 team require 1 kata, no Bunkai
- +14 teams may alternate between 2 katas, no Bunkai
- All other categories are WKF rules
- 1 young person may step up to +14 teams

Individual Kumite Events

Girls

Girls Kumite	Grades	Height
F1	U8	
F2	U10	
F3	U12 -32KG	
F4	U12 +32KG	
F5	U14 -42KG	
F6	U14 +42KG	

Individual Kumite Events

Boys

Boys Kumite	Grades	Height
M1	U8	
M2	U10	
M3	U12 -34KG	
M4	U12 +34KG	
M5	U14 -42KG	
M6	U14 + 44KG	

Individual Kumite Events

Female Cadets , Junior, Senior, Veteran

Female Kumite	Grades	Weight
F7	Cadet	-47kg
F8	Cadet	-54kg
F9	Cadet	+54kg
F11	Junior	-53
F12	Junior	-59
F13	Junior	+59
F15	Senior	-55
F16	Senior	-61
F17	Senior	-68
F18	Senior	+68
F19	Veteran (+35)	Open

Individual Kumite Events

Male Cadets, Junior, Senior Veteran

Male Kumite	Grades	Weight
M8	Cadet	- 57
M9	Cadet	- 63
M10	Cadet	- 70
M11	Cadet	+70
M13	Junior	- 61
M14	Junior	- 68
M15	Junior	- 76
M16	Junior	+ 76
M18	Senior	-67
M19	Senior	-75
M20	Senior	-84
M21	Senior	+84
M22	Senior (+35)	Open

Venue:

Dundalk Institute of Technology, Dublin Road, Dundalk, Co. Louth A91 K584, Ireland (Faulkner Building)

Accommodation:

Details available at: www.sportdata.org

Prizes given to:

- 1st, 2nd and joint 3rd in all kumite individual events
- 1st, 2nd and joint 3rd in all kata individual events
- 1st and 2nd and joint 3rd in all team events

Entry Fees:

Competitors must be pre-entered. The registration is via www.sportdata.org

Closing date for entries is **Wednesday 15th March 2020**.

Entry fees are:

- individual kata €20
- individual kumite €20
- team kata €30

Registration:

Registration 8 am. Events start at 9am.

Competitors entered into wrong categories will be disqualified.

Shop:

Hot and cold food and drinks will be on sale.

Rules:

W.K.F. rules will apply. We reserves the right to alter the list of events, the rules of this competition and to amalgamate categories without notice.

Chief Referee:**Referees:**

All referees and judges must be qualified and insured.

Belts and Mitts:

Mouth guards, mitts, shin and foot guards, body protector are compulsory for all competitors, chest guard for female competitors 12+ are compulsory. Shin and foot guards for children under 10 to be worn at discretion of coach.

License & Insurance:

All competitors must produce a valid karate license and insurance when registering.

Contact Details:

Contact Sensei Tommy Marrett with any queries:

karateireland@gmail.com

+353 876478060

+353 416853195

IMPORTANT: By participating in this event all coaches, competitors and guardians agree to the following:

1. Competitors must have their license available for inspection as proof of age and grade.
2. The organisers reserve the right to change, alter or combine categories.
3. It is the responsibility of each competitor to ensure that they have their accident insurance policy on the day. Competing in this tournament is done at the competitor's own risk. The organisers do not accept liability for any injury or loss. By participating in this event all competitors accept this waiver and understand the risks of injury in competing. Competitors hereby release the organisers, its agents and volunteers from any and all liabilities arising out of or connected with any loss, damage, injury or expense suffered or sustained by any competitor as a consequence or in connection with the competitor participating in the competition or any related activity.
4. By participating in this event all participants and guardians agree to allow, without compensation, the unrestricted use of any photographs, films and videotapes at this tournament.

Transport links to Venue

Getting to Dundalk Institute of Technology

Buses travel on either daily or weekly schedules from all the main centres in the region. The main Bus Eireann station in Dundalk is approximately a 15 minute walk from the campus. Travelling to Dundalk Institute of Technology by plane, train, car or bus should be easy if you follow the steps in the information found here.

From The Airport

Taxi

35-40 minute journey of approx 40 miles.

Car

Follow the M1, direction north towards Belfast. Take Exit 16 and follow the signs to Dundalk. Turn left at XEROX junction. DkIT is half a mile along on the right hand side. See here for more details and interactive journey planning.

Train Services

Dundalk is served by the mainline train route between Belfast and Dublin. Trains run daily. Check out schedules on the Irish Rail Website link. <http://www.irishrail.ie/>. The Institute is a 25 minute walk from Dundalk's Clarke Train station.

Bus Services

Buses Travel directly from Dublin Airport to Dundalk. Check out schedules on the Bus Eireann website link. There is also a 100X bus from the airport that stops right outside the college. Timetable <http://www.buseireann.ie/timetables/1425901973-100X.pdf>

There are regular bus services from all the main local and regional centres to Dundalk. The Institute is a 35 minute walk from Bus Eireann's main terminal in Dundalk town centre.

<http://matthews.ie>

<http://www.royalbreffnitours.com/dundalk>

<http://www.finlaycoaches.com>

<http://www.halpennytravel.com>

<http://www.buseireann.ie>

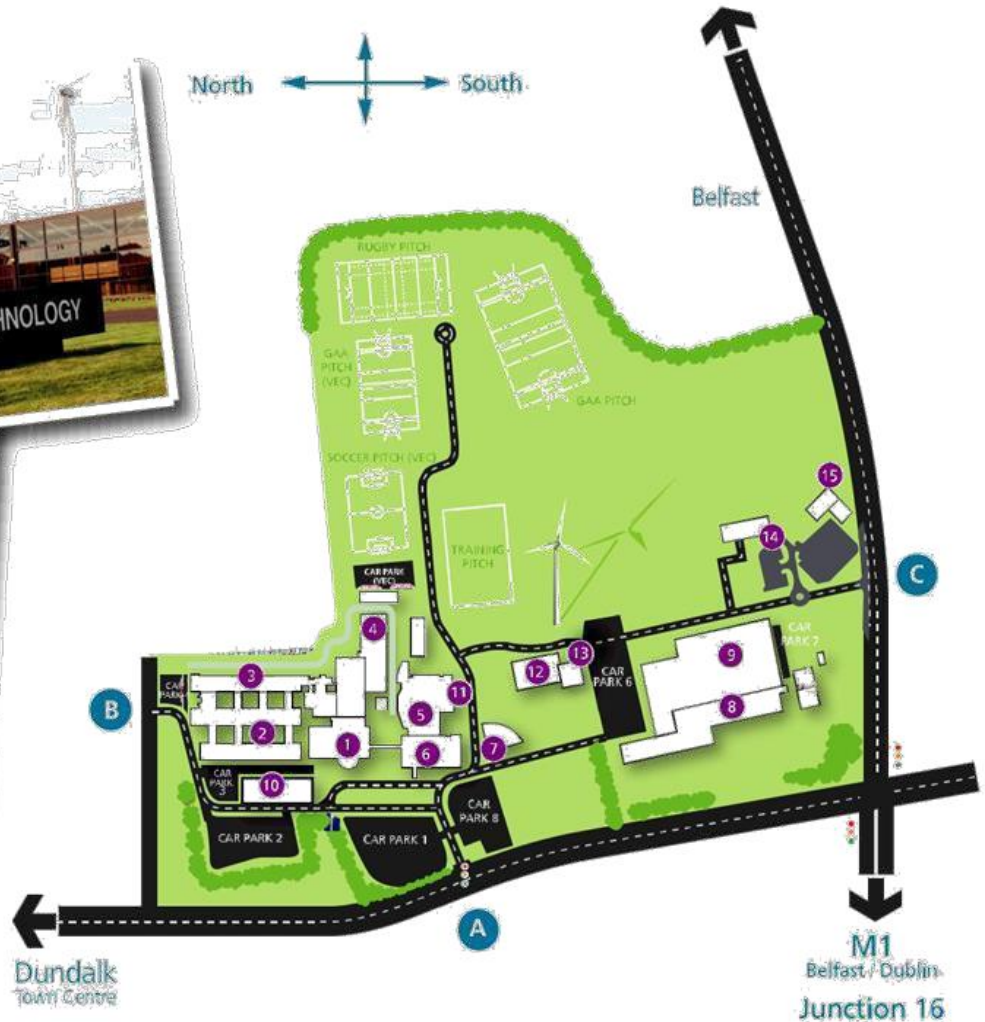
Hotels

[Crown Plaza Dundalk](#)

[Carnbeg, Dundalk](#)

[Fairways Dundalk](#)

Dundalk Institute of Technology Campus Map



- 1 Dr. T.K. Whitaker Building (Main Reception, Admissions and Library)
- 2 North Building (School of Engineering)
- 3 North Building (Department of Applied Science)
- 4 South Building (School of Business & Humanities)
- 5 Faulkner Building (Student Services, International Office, Bank, Shop and Sports Hall)
- 6 Faulkner Building (Hospitality Training Building)
- 7 Muirhearna Building (Department of Nursing, Midwifery and Health Studies)
- 8 Carroll's Building (Apprenticeships and Bright Room)
- 9 Carroll's Building (School of Informatics & Creative Arts)
- 10 Regional Development Centre
- 11 Campus Bar
- 12 Campus Restaurant
- 13 Blackbox Theatre
- 14 Student Accommodation
- 15 Crowne Plaza Hotel

- Rooms L
- Rooms C, Rooms W & Rooms E
- Rooms C, Rooms W & Rooms E
- Rooms S
- Rooms F
- Rooms H
- Rooms N and Rooms M
- Rooms A and Rooms P
- Rooms P
- Rooms D
- Rooms F
- Rooms R
- Rooms R

Entrances

- A Main Entrance: Dublin Road
- B Hoey's Lane Entrance
- C Crowne Plaza Hotel / Carroll's Entrance