

CIMAC SUPERLEAGUE VIRTUAL INFORMATION



YOUNGMINDS
fighting for young people's mental health



CHARITY EVENT 2021

The cost to enter is £10.00 which covers as many divisions that you would like to take part in within your age group. Competitors can go into the next age group up, but can not enter another division below their age.

The championships will be open to all fighting styles to demonstrate their fighting skills in any fighting styles.
POINTS FIGHTING, LIGHT CONTACT, FULL CONTACT AND KICK LIGHT.

Each competitor will be required to make sure that the area they are using for the competition is clear of any furniture or objects that might be of danger whilst demonstrating any of the various martial arts skills.

If you are competing on a hard floor, please make sure you do not compete in your socks.

You will need to mark out the area that you will be performing on with a white square, make sure that all the drills that you are going through can be seen by both the judges.

If you cannot be seen on the screen the judges will not be able to mark you on your techniques.

You will be required to wear hand pads and foot pads for each division you will be competing in.

Make sure you use an ipad or laptop so the judges can see you on the screen.

You will also be required to have your name and club on the screen so the judges can see who you are.

All competitors will be placed in the waiting room, once you have signed into the zoom meeting.

You will have to stay in the waiting room until the official calls your name to enter the competition room

You will then be put back in the cool down room until the next round starts.

ROOM 1, WAITING ROOM - ROOM 2, COMPETITION ROOM

ROOM 3, JUDGES ROOM - ROOM 4, COOL DOWN ROOM

No spectators will be allowed on the screen during the contest. All competitors will be required to bow in to the judges and their opponent

Each round will consist of two competitors competing against each other virtually on zoom, in the various divisions for a period of one minute.

Competitors will need to perform the required techniques showing all martial arts moves including kicks, punches, blocking and the various fighting skills with speed and timing.

The judging will be conducted by two judges who will be required to watch both competitors at the same time on the screen.

At the end of time the judges will raise their hand for the competitor on the red or blue side to indicate the winner, with the winner going through to the next round.

If there is a draw after the time there will be an extension of 30 seconds to decide the winner.

If it is still a draw the golden technique rule will be used to determine who goes through to the next round.

COME AND TAKE PART IN THIS SPECIAL CHARITY EVENT BY DEMONSTRATING YOUR MARTIAL ARTS FIGHTING SKILLS AND SUPPORT THE YOUNG MINDS CHARITY.

CIMAC SUPERLEAGUE VIRTUAL RULES



REGISTRATION

All competitors will be contacted by email with further details of the event and the ID and password to sign into zoom on the day. Make sure you are signed in for 9.30am. Please make sure we have your email address. You will then be placed in the waiting room until the event starts at 10.00am
Registration opens on 2nd January and closes 1st of February 2021.

PAYMENT

All competitors will be required to pay for their divisions on the day of registration, if you enter the divisions in another age group you will have to pay for the second category.
PAYMENT DETAILS: SORT CODE 60-02-09 - ACCOUNT NUMBER 60691565

VIRTUAL DIVISIONS

FOOTWORK DRILLS AND BLITZ RULES

Competitors have to demonstrate footwork skills that would be used in any fighting styles followed by blitzing techniques. Judging will be based on speed, balance, movement and footwork for setting up each attack.

KICKING DRILLS RULES

Kicking drills can be performed without a bag. Or you can use a free standing or hanging bag.
Judging will be based on each competitor's ability to use all the basic martial arts kicks including jump kicks.
No punches to be used in this category.

KICKBOXING COMBINATIONS RULES

The kickboxing combination will be judged on each competitor's ability to execute non-stop flowing punching and kicking combinations.

SHADOW SPARRING RULES

The shadow sparring will be scored on the fighting skills that incorporates all the basic movements of the various fighting styles. This includes points fighting, light contact, kick light and full contact.

CHARITY

All proceeds will be donated to our chosen charity in support of young peoples mental health.
YOUNG MINDS CHARITY FIGHTING FOR YOUNG PEOPLES MENTAL HEALTH

DONATIONS

If anyone would like to make a donation to this fund raising event you can do so by bank transfer to the charity event account Sort Code 60-02-09 - Account Number 60691565

AWARDS

There will be no individual awards for taking part, but we will be designing a specially designed certificate that you will be able to download from the web page and print .
The ultimate champion in each category will be presented with a special award from the Superleague sponsors Cimac Martial Arts. Which will be sent in the post.

ENJOY THIS FIRST VIRTUAL CHAMPIONSHIPS AND HELP TO SUPPORT A WORTHY CAUSE