

태권도

TAEKWONDO



MIDDELBURG

태권도

# 16e Open Zeeuwse ITF Taekwon-Do

Part of ITF Master Series

Sunday 25 march 2018



Special Techniques  
Team Sparring  
Pre Arranged  
Sparring  
Tuls

Also competition for  
**ITF-Kids** (5, 6 & 7 years)





## **Competition**

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This year the Open Zeeuwse is organized for the 16th time by Taekwondo Middelburg, led by Sabum Nanne Boonstra. The 'Open Zeeuwse' is part of the ITF Master Series, under the auspices of ITF-Nederland. Head Umpire is Master Coos van de Heuvel. The tournament will use the electronic Sportdata system. The competition is divided into the following different categories: ITF-Kids, youth, juniors and seniors.

Date	: Sunday, March 25, 2018
Location	: Sporthal De Kruitmolen, Middelburg Kruitmolenlaan 127, the Netherlands
Hall open	: 8.00
Weighting & measurement	: 8:30 - 9:15 (in the sports hall)
Referee meeting	: 8:30 (in Grand cafe)
Coach meeting	: 9:00 (in the sports hall)
Opening tournament	: 9:30

## **Age categories**

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ITF Kids boys and girls	: 5, 6 and 7 years (all categories are mixed)
Youth boys and girls	: 8 to 13 years
Junior female & male	: 14 to 17 years
Seniors female & male	: 18 years and older

Participants can only participate in one category.

## **You can participate in 5 categories:**

**Tuls, Sparring, Special Techniques, Pre-Arranged and Team Sparring.**

## **Competition tuls**

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### **Tuls**

Colored Belts : 10th to 8th Gup, 7th to 5th Gup, 4th to 1st Gup  
Black Belts : 1st Dan, 2nd Dan, 3rd Dan, 4th Dan till 6th Dan

ITF Kids : Two competitors perform one optional pattern.  
Color Belts : Two competitors perform one optional pattern.  
Black Belts : Two competitors perform two designated patterns. The first designated pattern will be one of the last three patterns regarding the level of Degree of the Division. The second designated pattern is from and including pattern Chon-Ji to the level of Degree of the Division. The Jury President shall draw the designated patterns from a basket or electronically.

10th gup	: up to Saju Jirugi & Saju Makgi
9th gup	: up to Chon-Ji
8th gup	: up to Dan-Gun
7th gup	: up to Do-San
6th gup	: up to Won-Hyo
5th gup	: up to Yul-Gok
4th gup	: up to Joong-Gun
3rd gup	: up to Toi-Gye
2nd gup	: up to Hwa-Rang
1st gup	: up to Choong-Moo
1st dan	: up to Ge-Baek
2nd dan	: up to Juche
3rd dan	: up to Choi-Yong
4th / 6th dan	: up to Moon-Moo

When the number of competitors in a division is too low, the organization can decide to combine categories.



## **Competition sparring**

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### **Sparring**

B-Class ITF-Kids	: White belt up to blue tag (non-contact)
B-Class youth	: White belt up to blue tag (point-stop sparring)
B-class juniors	: White belt up to blue tag (point-stop sparring)
B-class seniors	: White belt up to blue tag (point-stop sparring)
A-class youth	: Blue belt and higher (continues sparring)
A-class juniors	: Blue belt and higher (continues sparring)
A-class seniors	: Blue belt and higher (continues sparring)
Team event	: Team youth point-stop system, Team juniors and seniors continues sparring

ITF Kids boys & girls	: -110, -120, -130, -140, -150, +150 cm
Youth boys & girls	: -130, -140, -150, -160, -170, +170 cm
Female juniors	: -45, -50, -55, -60, -65 kg, +65 kg
Male juniors	: -50, -56, -62, -68, -75 kg, +75 kg
Senior female	: -50, -56, -62, -68, -75 kg, +75 kg
Senior male	: -57, -63, -70, -78, -85 kg, +85 kg

When a competitor is over his/her registered height or weight on the day of the competition he or she can't compete in that part of the tournament! Weigh-in following international rules: dobok pants and t-shirt with a tolerance of 0.5 kg.

When the number of competitors in a category is too low, the organization can decide to combine categories.

### **Duration**

ITF Kids	: 1 x 1 minute
Youth	: 1 x 1,5 minutes
Extra time	: 1 x 30 sec., followed by golden point
Junior	: 1 x 2 minutes
Senior	: 1 x 2 minutes
Extra time	: 1 x 1 minute, followed by golden point

### ***Final A-klasse junior and senior 2 x 2 minutes (1 minute rest).***

### **ITF Kids non-contact**

The following rules apply to non-contact sparring:

- No contact between the two participants
- Sparring without protectors
- We will look at technical execution, originality, sportsmanship and commitment

### **Semi-contact sparring (individual)**

I.T.F Taekwon-Do rules

- a. 1 point awarded for all hand techniques
- b. 2 points awarded for foot technique to the body
- c. 3 points awarded for foot technique to the head

Knock-out system will be used for both sparring and patterns

Competitors can only wear white ITF doboks

Information can be found on: <http://www.tkd-itf.org/pagina.php?idpag=1169&web=47&lng=3>

Protest on the day of the tournament needs to be in writing, within 5 minutes after the incident, at the tournament organization committee. € 50,- has to be paid in advance. The head umpire will decide on the validity of the protest.

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### **Pre Arranged Sparring**

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A and B Class (youth, juniors and seniors)

A class: 4th gup and higher

B class: 10th to 5th gup

- There will be battles according to the KO system
- The duration of the presentation is between 60 and 75 seconds
- A team consists of 2 people (may be mixed)

### **Competition team sparring**

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#### **Team Sparring**

We distinguish in three classes:

- Youth A class, from 11 years to 13 years
- Junior A class
- Senior A class

#### **General rules for team**

- A team consists of 3 persons of the same sex
- From 4th gup and up
- Rounds of 2 minutes
- 1 reserve player is allowed
- Team may be composed of students from different schools
- The ITF rules regarding team sparring are valid except if mentioned otherwise

#### **Important additional rules for youth team sparring:**

- 1x 1,5 minute rounds
- Point fighting
- Only for 12 and 13 years old

#### **Registration of teams**

Participants in team events (team sparring and Pre-Arranged) must be registered under one club. Example:

- Participant 1 of Club A and Participant 2 of Club B forms a Pre-Arranged Team
- Club A registers Participant 2 (from Club B) and registers the team.
- NB: Club A does not register the individual components of Participant 2, which remain under Club B.

### **Competition Special Techniques**

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#### **Length classes ITF-Kids and youth**

ITF-Kids boys & girls : -110, -130, -150, + 150

Youth boys & girls : -140, -160, +160

B-class youth : 10th gup up to and including 5th Gup

A-class youth : 4th gup and higher

#### **Juniors and seniors**

B-class : 10th to 1st Gup

A-class : 1st dan and higher

When the number of competitors in a category is too low, the organization can decide to combine categories.

- For ITF-Kids and youth, a distinction is made between length class.
  - Start heights for ITF-Kids are determined on the day itself. The children kick against a soft ball.
  - ITF-Kids, youth and junior and senior B-class only jump for Nopi Chagi (jumped forward kick).
  - The scissor technique is mandatory for everyone.
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Juniors and Seniors Male A-class make 5 techniques:

1. Nopi
2. Dollyo Chagi
3. Dwit Chagi
4. Bandae dollyo Chagi
5. Nopi Yop Chagi

Juniors and Seniors Ladies A-class make 3 techniques.

1. Nopi
2. Dollyo Chagi
3. Nopi Yop Chagi

When nobody reaches the starting height of all participants there will be no prize. In case that one participant gets the height there is only one prize. The heights are not reduced.

***See appendix for starting heights.***

### **Sparring safety equipment**

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- Head protectors are mandatory for EVERYBODY
- Shin protectors are allowed (soft material only)
- Open hand & feet protection. (no boxing gloves allowed)
- Mouth protection are mandatory for all competitors.
- Groin protection are mandatory for all male competitors.

In case of a doubt the head umpire will make a decision.

### **Subscription and entree fee**

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1 category	(sparren / tul / special)	: € 25,-
2 or 3 categories	(sparren / tul / special)	: € 30,-
Team Pre-Arranged		: € 15,- euro
Team Sparring youth, junior & senior		: € 20,- euro for 1 team
Admission fee from 5 years		: € 3,50

### **Umpires**

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Must wear : Navy blue/black pants, white shirt, blue/black tie, white shoes.

Up to 7 competitors : 1 umpire  
8 till 15 competitors : 2 umpires  
16 competitor's or more : 3 umpires

Every club/team must bring umpires. If no umpire is provided there will be a fine of €75,- for every missing umpire.

### **Coaches**

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1 - 7 competitors : 2 coaches  
8 - 15 competitors : 4 coaches  
15 - 20 competitors : 5 coaches  
20 competitors or more : 6 coaches

Must wear : Tracksuit, sneakers and towel  
Minimum age : 16 years



## **Liability**

The tournament organization can't be held liable for injuries on the day of the tournament due to irresponsible actions. Subscribing to this competition means that you agree to this rule. We highly recommend competitors to bring their identification papers to the tournament in case of injury. Dutch hospitals will ask for these papers.

## **Registration and important dates**

Registration is done via the Sportdata online system, <https://tiny.cc/OZ2018>.

Participation in the Master Series Tournaments takes place on the basis of invitation. This applies to schools that are not (yet) members of ITF Benidorm (GM Trajtenberg). The organization reserves the right to refuse non-members. For more information: see the By-Laws of ITF (<http://www.taekwondoitf.org/rules/#contitution-and-bylaws>).

Some important date:

Friday, February 2, 2018	The online registration opens.
Tuesday, March 11, 2018 23.59	The online registration via Sportdata closes.
Wednesday, March 14, 2018	The invoice is sent by email.
Friday March 16 2018	Last chance for (free) adjustments.
Saturday, March 17, 2018	The groups will be online.
Saturday, March 17, 2018	The entire amount of the invoice must be on the bank account of the organization.
Tuesday, March 21, 2018 23.59	Last opportunity to make corrections and changes (name, age, gender, category etc) for an amount of 10 euros per change! All changes must be requested in advance by email to the organization and this must be approved by the organization by email. The amount of the changes must be paid on the day of the match.
Thursday, March 22, 2018	Definitive lists with groups and draw come online. Changes are no longer possible!

- Cancellations of enrolled participants are possible free of charge until Sunday 11 March 23:59, afterwards they are obliged to pay the registration fees.
- By registering, you agree with all the rights and obligations mentioned in the invitation.

## **Attention!**

All entry fees have to be paid to the bank account of "ITF Netherlands". Registration fees **can't** be paid on the day of the tournament.

Payment has to be received at 1 week before the tournament on the account below. (we will send an invoice on the 14th of March, 2018)

Please transfer the total amount IN EUROS to

Bank Account Name : ITF Nederland  
IBAN : NL58 INGB 00010180 58  
BIC : INGBNL2A  
Description : "OD2018" + (Club)name  
Bank address: ING Bank N.V., Foreign Operations, PO Box 1800, 1000 BV Amsterdam



# Appendix

## Starting heights for special techniques

### Male

Class	Kick	Starting height
Youth boys B class -140 cm	Nopi	160 cm
Youth boys B class -160 cm	Nopi	170 cm
Youth boys B class +160 cm	Nopi	180 cm
Youth boys A class -140 cm	Nopi	170 cm
Youth boys A class -160 cm	Nopi	180 cm
Youth boys A class +160 cm	Nopi	190 cm
Junior male B	Nopi	210 cm
Junior male A	Nopi	220 cm
	Dollyo	200 cm
	Dwit	190 cm
	Bandae	190 cm
	Nopi Yop	130 cm
Senior male B	Nopi	200 cm
Senioren male A	Nopi	240 cm
	Dollyo	220 cm
	Dwit	210 cm
	Bandae	210 cm
	Nopi Yop	140 cm

### Female

Class	Kick	Starting heights
Youth girls B class -140 cm	Nopi	160 cm
Youth girls B class -160 cm	Nopi	170 cm
Youth girls B class +160 cm	Nopi	180 cm
Youth girls A class -140 cm	Nopi	170 cm
Youth girls A class -160 cm	Nopi	180 cm
Youth girls A class +160 cm	Nopi	190 cm
Junior female B	Nopi	200 cm
Junior female A	Nopi	210 cm
	Dollyo	190 cm
	Nopi Yop	120 cm
Senior female B	Nopi	200 cm
Senior male A	Nopi	220 cm
	Dollyo	210 cm
	Nopi Yop	120 cm



# Registration and use Sportdata

## Manual Sportdata: Condensed Version

### **A: PREPARATION (if you don't have a Sportdata account yet)**

- **A1:** Register your ITF Taekwon-Do Club (<https://www.sportdata.org/> > Taekwon-Do > ITF events > login > create account). Video instruction: <https://www.youtube.com/watch?v=JuUrwSXIt68> (Karate example, but works the same). Result: You're now able to log in as a club with your account details.
- **A2:** Enter club details. Video instruction: <https://www.youtube.com/watch?v=Lu3fpHUYzkU>. Result: Your club profile is complete.
- **A3:** Add participants to your club account. Video instruction: <https://www.youtube.com/watch?v=vGfLakwagkQ>. Result: Details of participants (competitors/coaches/referees/officials) are now ready to be registered for ITF Taekwon-Do events.
- Attention: at this point participants are NOT registered for an event yet!

### **B: REGISTRATION (if you already have a Sportdata account)**

- **B1:** Registration. Video instruction: <https://www.youtube.com/watch?v=KPuae9uKHP0>. Result: Your participants are now registered for the event.

### **C: PAYMENT**

- **C1:** Payment. Log in first and go to the event > Via Registration > My Current Entries/Payment an overview of your event registration appears (pop-up).
  - **C2:** Click the Paypal or Bank Transfer icon.
  - **C3:** Payment via bank transfer or Paypal (please be aware there's an additional transaction fee for Paypal payments).
- Attention: please pay before the set payment deadline!





## Hotel accommodation

There are many hotels in Middelburg that are close to the location of the tournament. Here are some nice hotels:

Hotel Le Beau Rivage (<http://www.lebeaurivage.nl/>)



Hotel Van de Valk Middelburg



([https://www.valkmiddelburg.nl/?gclid=CjwKCAiAhMLSBRBJEiwAIFrsTk46JvXA8M3xFRC3-0D\\_48eZsrSe1Tf6dszwuhYYLR3bGchFMPUCtxoCrbQQAvD\\_BwE](https://www.valkmiddelburg.nl/?gclid=CjwKCAiAhMLSBRBJEiwAIFrsTk46JvXA8M3xFRC3-0D_48eZsrSe1Tf6dszwuhYYLR3bGchFMPUCtxoCrbQQAvD_BwE))

Hotel Middelburg



(<http://www.hotelmiddelburg.nl/nl/index.html>)