



BULLETIN #2

MAY 5TH > 8TH
2016

MONTPELLIER
ARENA

EUROPEAN
CHAMPIONSHIPS
- FRANCE 2016 -

Karate



comquest Photo credit : © Denis Boulanger - FFKDA

#EUROKARATE2016

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F.F. KARATÉ 
et disciplines associées

WELCOMING



EUROPEAN KARATE FEDERATION PRESIDENT WELCOMING



We all wait with great expectation the celebration of these 51st European Senior Championships 2016 in Montpellier. The whole European family feels encouraged to come back to France to enjoy all together the top European Karate annual event.

I also want to take this opportunity to recognize the work developed by the French Karate Federation during so many years. It has been always an active and loyal member from the European and from the World Karate Federation and it has always made things easy inside a positive atmosphere of support and collaboration. With members like the French Karate Federation it is easy to understand the outstanding progress experienced by the EKF along the years.

The allocation of this big Karate event to France, to Montpellier, is therefore something well deserved by the French Karate Federation and I can say, without any doubt, that these 51st European Senior Championships are going to be a new success of our sport in the Continent, a new success of the EKF thanks to the inestimable contribution of the French Karate Federation.

Antonio Espinos
President of the EKF

FRENCH KARATE FEDERATION WELCOMING

On behalf of the French Karate Federation, it is my pleasure to invite you to the 51st European Senior Karate Championships that will be held from May 5th to May 8th 2016 in Montpellier.

We are proud to host this competition, four years after the 2012 World Championships, and we will do our best to make it as successful as this prestigious event.

For the first time, we will create a "Village", modeled on the Olympic Village, to accommodate at a competitive price, all participants in the same place and make their competition even more unforgettable. The Village will contain all the facilities on-site for each member of your delegation, whether it be an athlete, a coach, a referee or an official.

In the Village, everything will be organized to make your stay easy and carefree! We will take care of your delegation, from your arrival at the Airport to your departure!

The organization team hopes you will join us for this competition and in the Village,

I am looking forward to welcoming you all,

Best regards,

Francis DIDIER

President of the French Karate Federation



THE ORGANISATION

> The bulletin

On the following pages you will find all the necessary information needed to plan for participation of your delegation to 51st European Senior Championships 2016 in Montpellier :

- Accommodation : includes the officials hotel recommended by the French federation, with their location, rate, conditions and booking forms.
- Transfer from airports to your hotel.
- Stadium (location and layout)
- Program : includes registration of delegations, referees examination, meetings and congress, weigh-in and competition program.

> The official website : www.eurokarate2016.com

A website dedicated to this competition has been launched recently in order to help you find any pertinent information regarding the championships.

THE ORGANIZING COMMITTEE

FRENCH KARATE FEDERATION

39 rue Barbès - 92120 MONTROUGE

Phone: +33 (0)1.41.17.44.40

E-mail : eurokarate2016@ffkarate.fr

Official agency for accommodation & transfer :

EV3NT

Phone : +33 (0)6.22.30.37.44

E-mail : eurokarate2016@ffkarate.fr

GENERAL INFORMATION ABOUT FRANCE & MONTPELLIER

ABOUT MONTPELLIER

#EUROKARATE2016



LOCATION & MAP

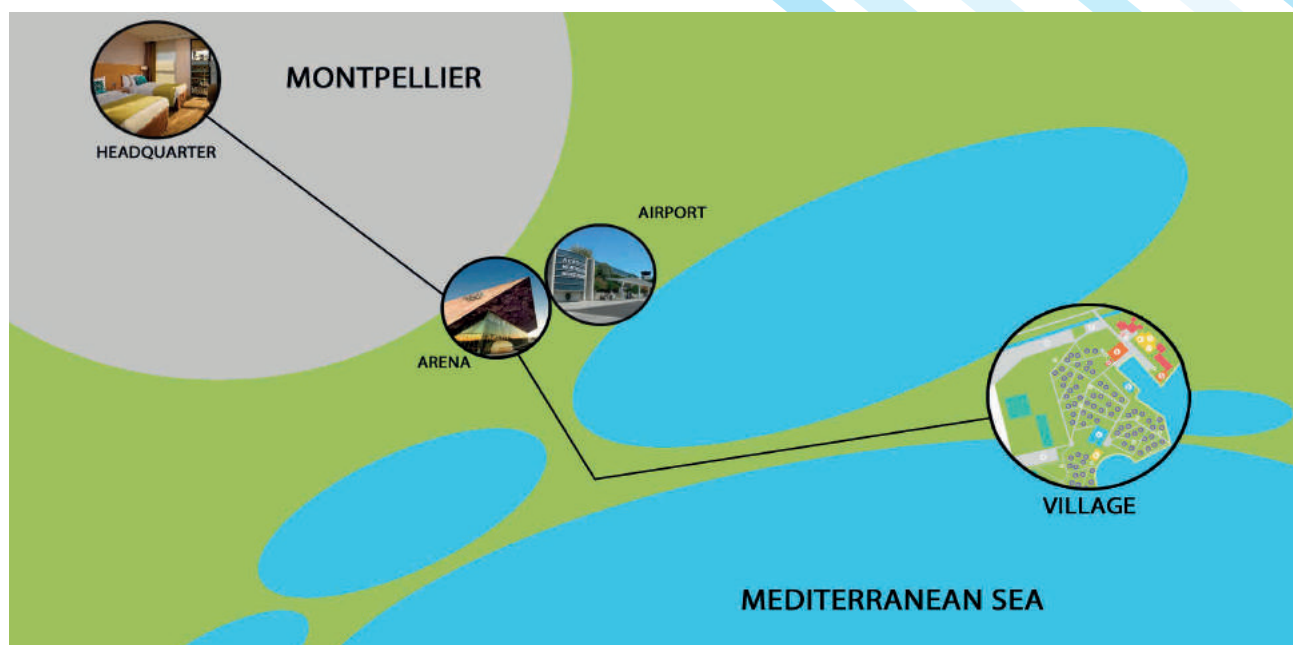
The European Championships will take place in Montpellier, a city in the south coast of France on the Mediterranean Sea. It is the capital of the Languedoc-Roussillon region. Montpellier is the 8th largest city of France, and is also the fastest growing city in the country over the past 25 years.



Montpellier has a Mediterranean climate, with mild, damp winters, and hot, rather dry summers. Temperature in May is usually around 22°C.

> Language :

France's official language is French.



ABOUT FRANCE



GENERAL INFORMATION

> Time zone :

Central European Time Zone - GMT + 1 hour

> Currency :

The French currency is Euro. Currency can be exchange at the airport, in Post offices, in banks, as well as in the many exchange offices in the city. The banks are generally open from 9am to 5pm, or 6pm, from Monday to Friday, sometimes from Tuesday to Saturday.

> Communications :

To call France from abroad, dial the international code 00 followed by 33 for France, then the number without the first 0. Example for a Paris number: 00 33 1 40 00 00 00.

To call from France to another country, dial the international code 00, the code of the country, then the number without the first 0.

> Medical services :

No vaccinations are required in order to visit France

Police	17
Samu (accidents)	15

Nearest Hospital : Centre Hospitalier Régional Universitaire de Montpellier
191, avenue du doyen Gaston Giraud 34295 Montpellier
+33 (0)4 67 33 67 33

VISAS REQUIREMENTS

For short stays, European regulations itemize a list of countries whose nationals are exempted from visa requirement to enter the Schengen Area. Exempted from visa requirement to enter France are :

- Citizens of the EU, the EEA and Switzerland
- Nationals of the following countries, whatever the reason for their stay : Albania*, Andorra, Antigua and Barbuda, Argentina, Barbados, Bosnia*, Brunei Darussalam, Canada, Chile, Costa Rica, Croatia, El Salvador, Guatemala, Holy See, Honduras, Israel, Macedonia*, Malaysia, Mauritius, Monaco, Montenegro*, New Zealand, Nicaragua, Panama, Paraguay, San Marino, Serbia*, Seychelles, Taiwan (passport bearing identity card number), Uruguay.

***bearers of biometric passports only**

For all other countries, entry visas can be obtained from any French consular authority :

<http://www.diplomatie.gouv.fr/en/coming-to-france/getting-a-visa/article/foreign-nationals-holding-ordinary>

The Organizer is happy to help any country with obtaining visa for athletes and officials. For nations, who need VISA to enter in FRANCE, please send the Organizer as soon as possible (latest 31st March 2016) list of participants according to visa application form with full names, passport numbers, date of birth, and positions (MUST be sent together with scanned Passport Copies according to the relevant updated requirement of French Government).

> Questions and request :

Do not hesitate to contact us by e-mail or phone :

FRENCH KARATE FEDERATION

39 rue Barbès - 92120 MONTROUGE

Phone: +33 (0)1.41.17.44.40

E-mail : eurokarate2016@ffkarate.fr

THE VILLAGE

THE VILLAGE - CLUB BELAMBRA LA GRANDE MOTTE



Club Belambra La Grande Motte

Rue Saint Louis
34280 La Grande Motte
+33 (0)4.67.56.51.55

At the heart of a 23 hectares pine forest overlooking the Ponant water complex, the village contains all the facilities on-site for each member of your delegation, **whether it be an athlete, a coach, a referee or an official.**

All activities for athletes, coaches and referees will be organized in the same place:

REGISTRATION & MEETINGS

for coaches and referees

TRAINING ROOM

SHUTTLE BUS

every 30 minutes



BAR
CATERING
WIFI ACCESS



OFFICIAL'S
ROOM



INFORMATION
REGISTRATION
DRAW



SWIMMING
POOL



ARENA

AIRPORT

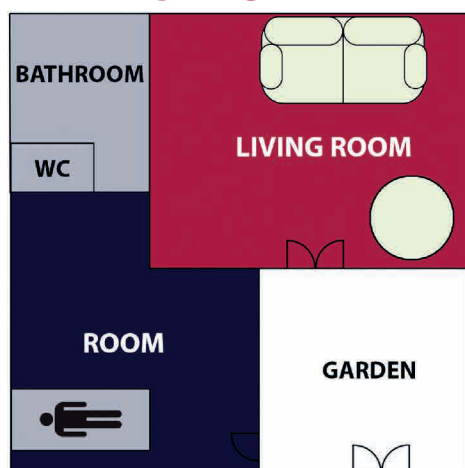
VILLAGE



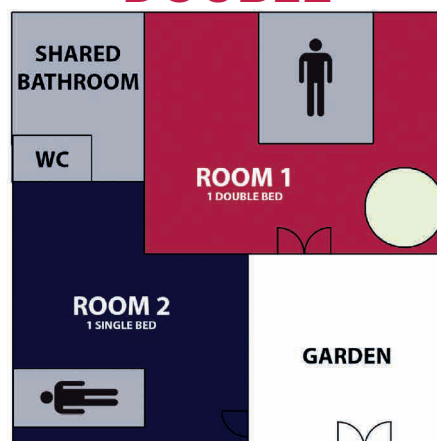
ATHLETE'S
ROOM

CLUB BELAMBRA LA GRANDE MOTTE - BUNGALOWS

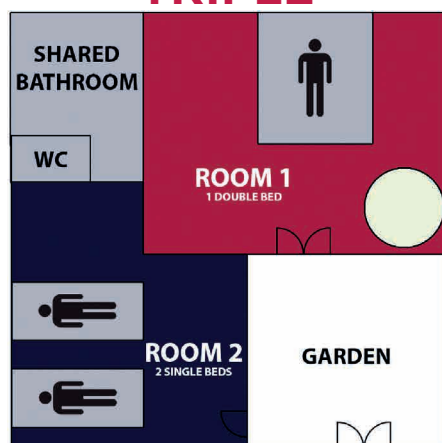
SINGLE



DOUBLE



TRIPLE



EACH BUNGALOW CONTAINS :

- 1 SHARED BATHROOM
- 1 SHARED WC
- 1 SHARED GARDEN WITH TABLE AND CHAIRS
- 1 TV
- FREE WIFI IN THE LOBBY

As the deadline to finalize booking was set to February 29th, 2016, prices increase about 10% for any new reservation or any modification of a past reservation.

Prices for Half pension (Breakfast and Dinner included)	
Number of person	Price per person/per night
Single in half pension	116€
Twin in half pension	94€
Triple in half pension	83€

Prices include breakfast and dinner for the duration of your stay. As the registration and meetings will take place in the Village on the day prior to the competition, additional meals for lunch are available upon request at the price of 20€. Please pay attention that no meals will be served for lunch in the village during competition.

BOOKING CONDITIONS & PAYMENT

The booking will be done through the form enclosed to the email. You can also find it on the official website eurokarate2016.com.

The new deadline to finalize bookings is March 31st, 2016.

You will receive an order form confirming your reservation. The confirmation will be officially confirmed once a deposit of half of the total amount (50%) has been received.

The remaining balance has to be paid before the 31st of March. After March 31st, reservations can only be confirmed if payment is made in full.

Cancellation

Once you have booked your stay, any deposit you may have paid is non-refundable.

From February 29th to March 31st, 50% of the cancellation fee will be due.

After March 31st, 100% of the cancellation fee will be due.

BOOKING OF TRAINING AREA

A training area will be implemented inside the Village on Tuesday 3rd and Wednesday 4th preceding the competition. To book the area, please fill in the form at the end of this bulletin and send it back to the organization.

First come first serve policy!

BOOKING FORM



CLUB BELAMBRA LA GRANDE MOTTE - BOOKING FORM

EUROPEAN SENIOR KARATE CHAMPIONSHIPS

NATIONAL FEDERATION RESPONSIBLE

Federation: Country:
 Family name: Given name:
 Address: Address 2:
 ZIP code: City:
 Email: Telephone:



NB OF PEOPLE : 0

NB OF ATHLETES : 0

NB OF OFFICIALS : 0

#	Family name	Given name	Function*	Check-in*	Check-out*	Hotel	Nb of nights	Bungalow*	Shared with	Additional lunches*	Price
1.											
2.											
3.											
4.											
5.											
6.											
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34.											
35.											
36.											
37.											
38.											
39.											
40.											
* need to be completed to calculate the total amount										TOTAL AMOUNT :	- €

Total single Bungalow : 0
 Total double Bungalow : 0
 Total triple Bungalow : 0

BANK INFORMATION :

BENEFICIARY'S NAME : FFKDA
 BANK NAME : SOCIETE GENERALE
 BANK A/C NUMBER : FR76 30003 03850 00037263221 35
 BANK ADDRESS : 27 BOULEVARD SAINT-MICHEL, 75005 PARIS, France
 SWIFT CODE : SOGEFRPP

Please fill in the Excel version of the document enclosed on the e-mail.
 You can also find it on the official website : www.eurokarate2016.com



CHAMPIONNATS
D'EUROPE
- FRANCE 2016 -



#EUROKARATE2016

TRANSFER FROM THE AIRPORT TO THE HOTEL - BOOKING FORM

EUROPEAN SENIOR KARATE CHAMPIONSHIPS

NATIONAL FEDERATION RESPONSIBLE

Federation:
Family name :
Address :
ZIP code :
Email :

Country:
Given name :
Address 2 :
City :
Telephone :



NB OF PEOPLE : 0

NB OF ATHLETES : 0

NB OF OFFICIALS : 0

#	Family name	Given name	Function*	Arrival details						Departure details						Price
				Date	Time	Transport	From	To	N° Flight/train	Date	Time	Transport	From	To	N° Flight/train	
1.																
2.																
3.																
4.																
5.																
6.																
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33.																
34.																
35.																
36.																
37.																
38.																
39.																
40.																
* need to be completed															TOTAL AMOUNT :	- €

BANK INFORMATION :

BENEFICIARY'S NAME :
BANK NAME :
BANK A/C NUMBER :
BANK ADDRESS :
SWIFT CODE :

FFKDA
SOCIETE GENERALE
FR76 30003 03850 00037263221 35
27 BOULEVARD SAINT-MICHEL, 75005 PARIS, France
SOGFRPP

Please fill in the Excel version of the document enclosed on the e-mail.
You can also find it on the official website : www.eurokarate2016.com

THE HEADQUARTER

THE HEADQUARTER COURTYARD MARIOTT MONTPELLIER (FOR EKF OFFICIALS & PRESIDENTS OF NATIONAL FEDERATIONS)

The Courtyard Marriott is located in the city center of Montpellier, next to the City Hall. It was designed by the famous architect Jean Nouvel. It offers rooms composed of individual air-conditioning, wired & wireless internet access.



Accommodation at the Headquarter is for officials only (President of National Federations). All other members of the delegations will be accommodated in the Village (athletes, referees, coaches, officials,...) . No shuttles will be implemented for persons outside VIPs at the Headquarter.

Courtyard by Marriott Montpellier

105 Place Georges Frêche
(Rue du Chelia)
34000 Montpellier
+33 (0)4.99.54.74.00



All meetings for referees and coaches will be organized at the Village.

THE STADIUM MONTPELLIER ARENA

The Arena is an indoor arena located in Montpellier that opened in September 2010. It has a seating capacity 9000 spectators for sporting events. This new-generation multi-purpose venue, adjacent to the Exhibition Centre is just 2 minutes from the airport



Arena de Montpellier

Route de la Foire
34470 Perols



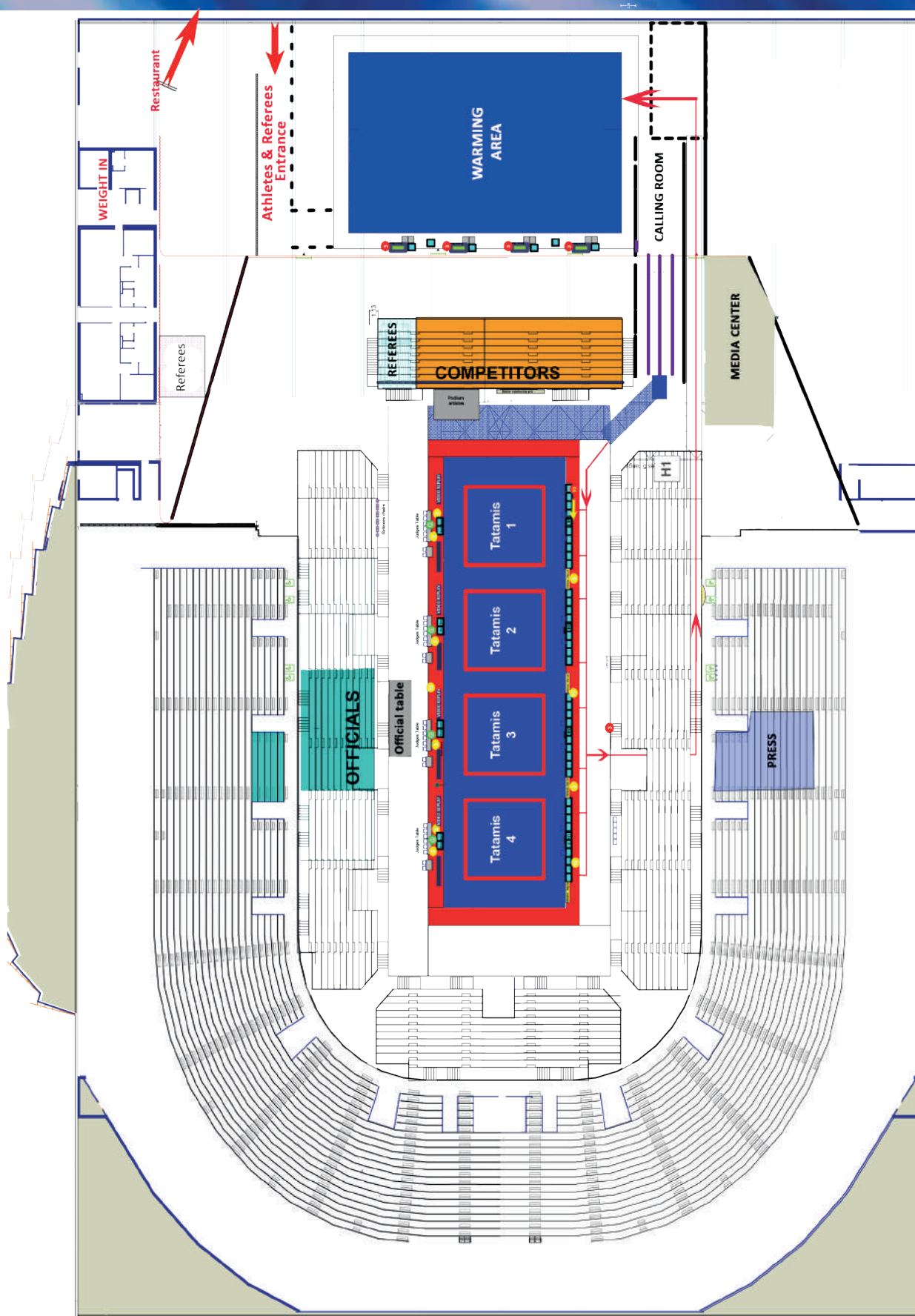
	ADULTS	UNDER 12	UNDER 6
1 DAY (Eliminations) Thursday or Friday	14€	7€	Free
1 DAY (Finals) Saturday or Sunday	21€	10€	Free
PACK WEEKEND Saturday + Sunday	35€	17€	Free
PACK 4 DAYS	45€	25€	Free

The opening date for the sale of tickets will be the 22nd of January 2016

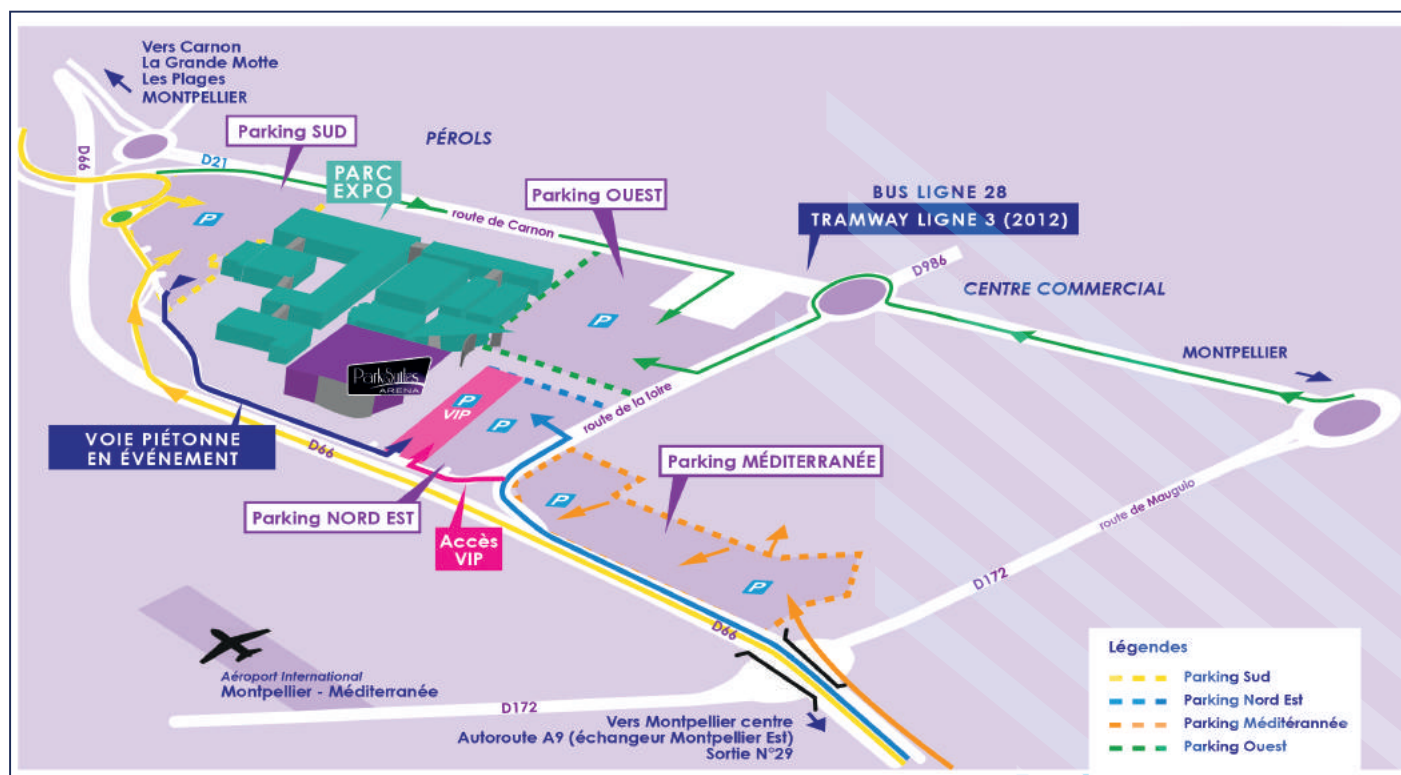
Tickets will be on sale through the Park&Suites Arena official ticketing services. You will find all information on the official website eurokarate2016.com

No entry tickets for spectators will be on sale during registration. If you do not buy your ticket in advance, you will be able to buy tickets only at the ticket office of the stadium (subject to availability).

ARENA MONTPELLIER



ACCESS TO THE STADIUM



By Tramway :

Station «Parc Expo»

Line n°3 : Juvignac/Montpellier/Lattes et Pérols

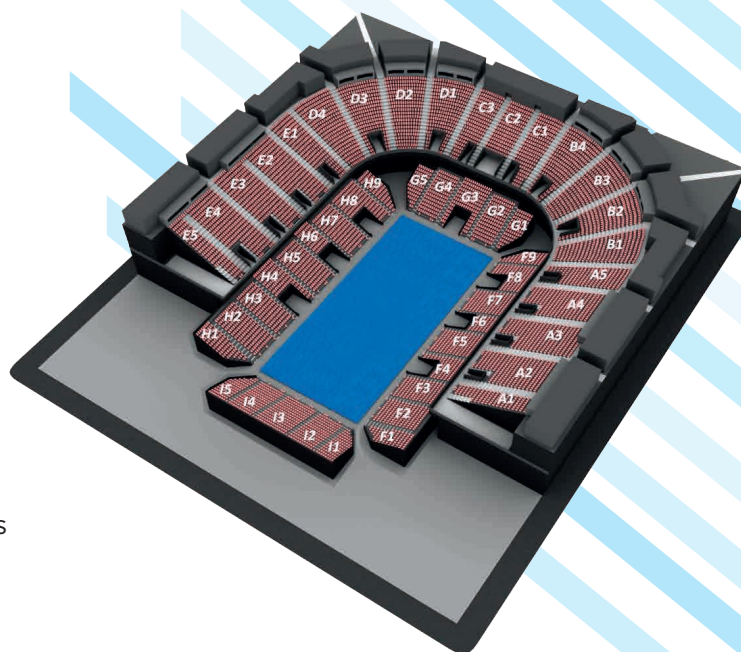
By car :

From Belambra Club :

Take the departmental road «D62» towards «A9 - Montpellier». Exit «Perols / Lattes»

From Mariott Hotel

Take the second exit at the first roundabout towards «Avenue Raymond Dugrand». Turn on your left on «Rue de la Foire»



THE EVENT

REGISTRATION OF DELEGATIONS

You will be informed in due course of the opening and closing dates of the online registration.

The registration session will take place at the Athletes Village (Belambra) on **Wednesday 4th of May from 10:00 to 15:00.**

A “fast lane” will be available for countries with no changes to their online registration and having already paid the corresponding fees. Countries failing to meet these requirements are likely to have longer waiting times.

National Flags & anthems

Each participating country is requested to provide 2 national flags and a CD with the national anthem.

MEDIAS

Press accreditations

Press accreditations can only be given to professional journalists working for a media and having proof of their credentials. The link for online request of press accreditations is :

https://www.sportdata.org/wkf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=76&ver_info_action=pressregistration#a_presshead

Media TV

The EKF owns all the rights related to the European Karate Championships.

Insurance

It is compulsory that all participants and members of delegations to have their own medical and personal trip insurance. French Karate Federation and European Karate Federation assume no liability or responsibility for the lack of insurance from participants and members of delegations.

Protection

THE EVENT



EKF APPROVED ITEMS

TRADEMARK	MAIN OFFICE
	PRIDE 410 Park Avenue, 15th Floor New York, NY 10022 USA Email: info@prideuc.com
	DRAGON BLEU SAS VENUM Official distributor 7 Rue du sagittaire BP20158 94533 RUNGIS FRANCE Ph. : + 33 1 41 73 32 39 Fax : +33 1 49 79 06 29 e-mail : contact.euro@venumfight.com
	OOO "KALININGRADSKIY SPORT" Musorgskogo str. 10, bldg. 16A 236022- Kaliningrad, RUSSIAN FEDERATION Phones: 007 9114672969 / 007 911 4997553 Fax: 007 08439 23337 e-mail: best_sport@mail.ru

WKF APPROVED Trademarks for sports items will also be permitted

PRE-EVENT SCHEDULE

WEDNESDAY 4 MAY 2016		
10:00 / 15:00	REGISTRATION FOR DELEGATIONS	VILLAGE
09:00 / 11:00	EKF EXECUTIVE COMMITTEE MEETING	HQ HOTEL
10:00 / 11:00	EKF MEDICAL COMMISSION MEETING	HQ HOTEL
11:00 / 12:00	EKF ANTI-DOPING COMMISSION MEETING	HQ HOTEL
12:00 / 14:00	EKF TECHNICAL COMMISSION MEETING	HQ HOTEL
14:00 / 15:00	EKF REFEREE COMMISSION MEETING	VILLAGE
16:00 / 19:00	EKF CONGRESS *	NATIONAL TRAINING CENTER
17:30 / 18:30	LICENSE RENEWAL EXAM	VILLAGE
18:30 / 19:30	OPEN DRAW TO ALL COACHES	VILLAGE
19:30 / 20:30	EKF REFEREE BRIEFING	VILLAGE
20:30 / 21:00	TATAMI MANAGER & TM ASSISTANT MEETING	VILLAGE

Places :



Headquarter



Village



National Training Center

* The **EKF Congress** will take place at the **National Training Center** at **16:00**.

Two persons per nation are allowed to attend the congress.

A shuttle bus will leave the Headquarter Hotel and the Village at 15:00.

Please fill in the form below and send it back to eurokarate2016@ffkarate.fr before April 15th, 2016.

National Federation of : _____

Name of the two persons attending :

1) **President** : Mr/Mrs : _____

2) **Accompanied by** : Mr/Mrs : _____

/!\ BE CAREFUL : The shuttle bus will be accessible only to the persons who register by email

COMPETITION SCHEDULE



COMPETITION SCHEDULE

WEIGH-IN

THURSDAY 5 MAY 2016			
9:00 / 10:00	WEIGH-IN	MALE	ALL CATEGORIES
10:30 / 11:15	WEIGH-IN	FEMALE	ALL CATEGORIES

COMPETITION SCHEDULE: ELIMINATORIES & REPECHAGES

THURSDAY 5 MAY 2016			
9:00 / 11:00	INDIVIDUAL KATA	MALE & FEMALE	ELIMINATIONS, SEMI-FINALES & REPECHAGES
11:00 / 12:15	INDIVIDUAL KUMITE	MALE +84KG & -84KG	ELIMINATIONS & SEMI-FINALES
12:15 / 13:15	INDIVIDUAL KUMITE	FEMALE +68KG & -68KG	ELIMINATIONS & SEMI-FINALES
13:15 / 14:30	INDIVIDUAL KUMITE	MALE -75KG & -67KG	ELIMINATIONS & SEMI-FINALES
14:30 / 15:30	INDIVIDUAL KUMITE	FEMALE -61KG & -55KG	ELIMINATIONS & SEMI-FINALES
15:30 / 16:30	INDIVIDUAL KUMITE	MALE -60KG & FEMME -50KG	ELIMINATIONS & SEMI-FINALES
16:30	INDIVIDUAL KUMITE	MALE & FEMALE ALL CATEGORIES	REPECHAGES

FRIDAY 6 MAY 2016			
9:00 / 10:15	TEAM KATA	MALE & FEMALE	ELIMINATIONS, SEMI-FINALES & REPECHAGES
10:15 / 12:30	TEAM KUMITE	MALE	ELIMINATIONS & SEMI-FINALES
12:30 / 14:30	TEAM KUMITE	FEMALE	ELIMINATIONS & SEMI-FINALES
14:30 / 17:30	TEAM KUMITE	MALE & FEMALE	REPECHAGES
17:30	OPENING CEREMONY		

COMPETITION SCHEDULE : BRONZES MATCHES & FINALS

SATURDAY 7 MAY 2016			
9:30 / 11:00	BRONZE MATCHES	INDIVIDUAL KUMITE	F +68KG
		INDIVIDUAL KUMITE	M +84KG
		INDIVIDUAL KUMITE	F -68KG
		INDIVIDUAL KUMITE	M -84KG
		INDIVIDUAL KUMITE	F -61KG
		INDIVIDUAL KUMITE	F -55KG
		INDIVIDUAL KUMITE	M -75KG
12:00 / 13:30	FINAL MATCHES	INDIVIDUAL KUMITE	F +68KG
		INDIVIDUAL KUMITE	M +84KG
		MEDALS CEREMONY	
		INDIVIDUAL KUMITE	F -68KG
		INDIVIDUAL KUMITE	M -84KG
		INDIVIDUAL KUMITE	F -61KG
		MEDALS CEREMONY	
		INDIVIDUAL KUMITE	F -55KG
		INDIVIDUAL KUMITE	M -75KG
		MEDALS CEREMONY	
15:30 / 17:30	BRONZE MATCHES	INDIVIDUAL KATA	FEMALE
		INDIVIDUAL KATA	MALE
		INDIVIDUAL KUMITE	M +60KG
		INDIVIDUAL KUMITE	F -50KG
		INDIVIDUAL KUMITE	M -67KG
		TEAM KUMITE	FEMALE
18:00 / 18:15	FINAL MATCHES	INDIVIDUAL KATA	FEMALE
		INDIVIDUAL KATA	MALE
18:15 / 19:30	FINAL MATCHES	MEDALS CEREMONY	
		INDIVIDUAL KUMITE	M -60KG
		INDIVIDUAL KUMITE	F -50KG
		INDIVIDUAL KUMITE	M -67KG
		MEDALS CEREMONY	
		TEAM KUMITE	FEMALE
		MEDALS CEREMONY	

COMPETITION SCHEDULE : BRONZES MATCHES & FINALS

SUNDAY 8 MAY 2016			
9:00 / 11:00	BRONZE MATCHES	TEAM KATA	MALE
		TEAM KATA	FEMALE
		TEAM KUMITE	MALE
12:00 / 13:30	FINAL MATCHES	TEAM KATA	MALE
		TEAM KATA	FEMALE
		MEDALS CREMONY	
		TEAM KUMITE	MALE
		MEDALS CEREMONY	
13:30	CLOSING CEREMONY		
20:00	FAREWELL PARTY (FREE ENTRANCE WITH ACCREDITATION CARDS)		

REGISTRATION FORMS

#EUROKARATE2016

BOOKING FOR TRAINING AREA

COUNTRY: _____

CONTACT PERSON:

Name: _____

Phone: _____

E-mail: _____

SCHEDULE:

- ☐ Tuesday 8:00 – 10:00
- ☐ Tuesday 10:00 – 12:00
- ☐ Tuesday 12:00 – 14:00
- ☐ Tuesday 14:00 – 16:00
- ☐ Tuesday 16:00 – 18:00
- ☐ Tuesday 18:00 – 20:00

- ☐ Wednesday 8:00 – 10:00
- ☐ Wednesday 10:00 – 12:00
- ☐ Wednesday 12:00 – 14:00
- ☐ Wednesday 14:00 – 16:00
- ☐ Wednesday 16:00 – 18:00
- ☐ Wednesday 18:00 – 20:00

NUMBER OF COMPETITORS _____

The organization will try to comply with all applications received, depending on the number of countries and schedule available.

The deadline to finalize the booking will be on April 8th, 2016.

Send back the form to: **eurokarate2016@ffkarate.fr**

CONTACT DETAILS TO SEND BACK THE REGISTERING FORM :

Fédération Française de Karaté
39 rue Barbès - 92120 MONTROUGE
Phone: +33 (0)1.41.17.44.40
E-mail : eurokarate2016@ffkarate.fr

TERMS OF RESPONSIBILITY

To be filled, signed and sent back as soon as possible.

I, _____

The undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 51st European Karate Championships, which will be held in Montpellier, France, from the 5th to 8th of May 2016, with fully knowledge of the Statutes, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, Pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the EKF and the French Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without monetary compensation.

Country/Nation:

First name / Surname:

Passport number:

& Expiry date:

Position in the Federation:

Address:

Phone:

Email:

Signature & stamp

Fill in, stamp, sign and send to: eurokarate2016@ffkarate.fr



CHAMPIONNATS
D'EUROPE
- FRANCE 2016 -

Karate

#EUROKARATE2016